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The Classmate: Naval Postgraduate School Officer Students' Wives' Club Magazine / Vol.21, no.3 (March - April 1980)

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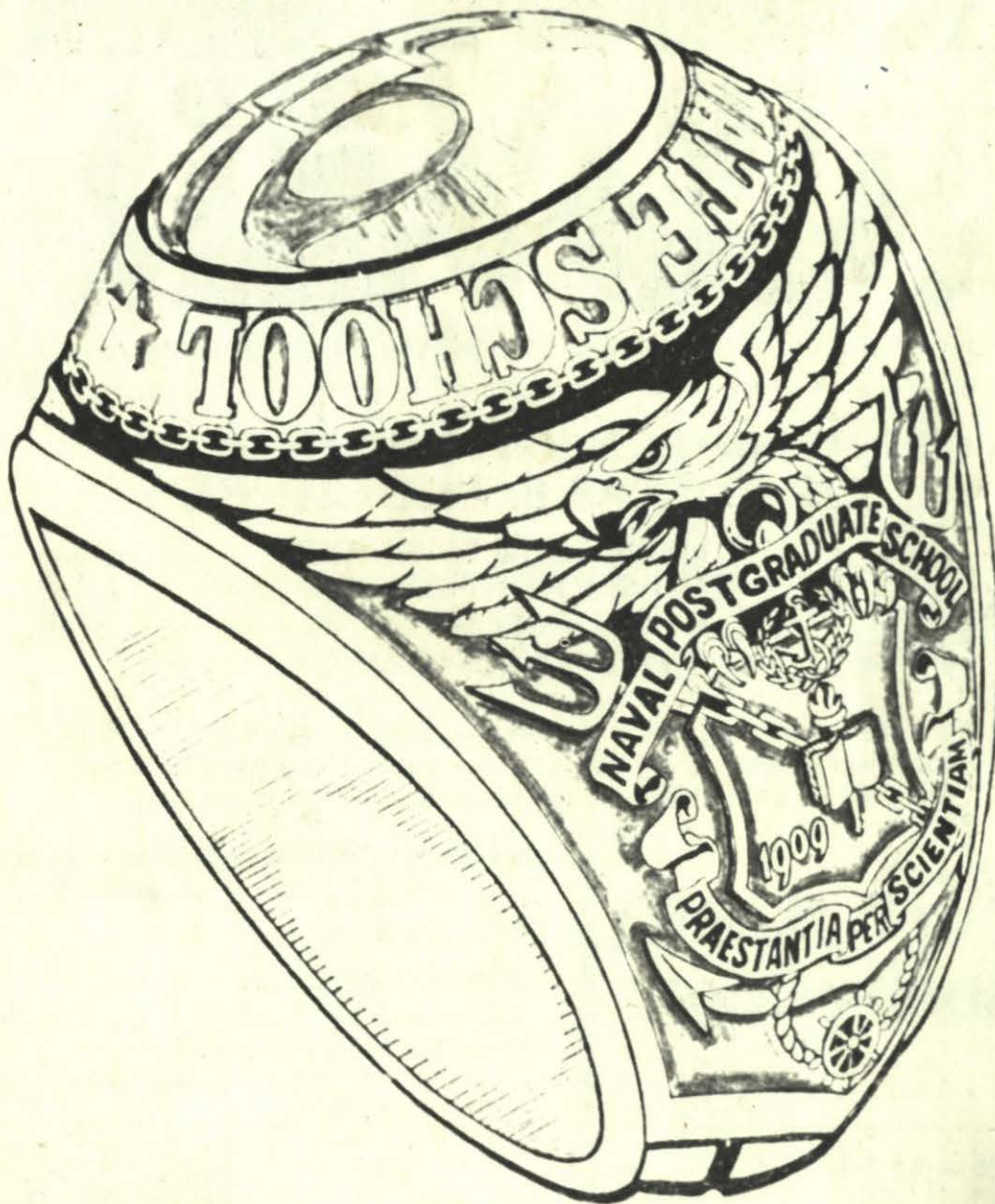


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the classmate



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the classmate

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in this issue...

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editor's notes



Caroll Pilcher
Editor-in-Chief

The *Classmate* staff welcomes all new students and their families. In this issue you will find some much needed information about the school and the Monterey Peninsula. We have tried to provide the most current information and phone numbers for the Naval Postgraduate School, the Presidio and Fort Ord. If you should find an error or know of an important change, please contact someone on the staff and we will work together to keep all the data as accurate as possible.

Classmate is published ten times a year and includes two Welcome Aboard issues: March / April and September / October. We are volunteers from NPS and constantly need new people because of the tremendous turnover in personnel at the school. If you would like to join us at one of our staff meetings please call me for the dates and times. We usually meet on the first Tuesday of the month, but it does vary. Our proof-reading sessions are held in the Tower Room at Herrmann Hall, so distance is not a problem.

The Officer Students' Wives' Club provides a nice assortment of activities and classes, the International Committee keeps the foreign students and their

American sponsors always entertained and the Peninsula itself is a nice place to live with attractions galore. If your spouse is a student here, you will find some extra time on your hands — get involved with some of the available activities and I know you will thoroughly enjoy your stay at NPS.

If you would like more information about *Classmate* or NPS, please call me at 649-5866. Thank you. □



COMMISSIONED OFFICERS AND FACULTY CLUB

The Naval Postgraduate School Officers' and Faculty Club is among the finest in the Navy. Its services are provided to all active duty officers of the Armed Forces, faculty members and other specific groups. BankAmericard and Mastercharge are accepted for package store, evening food services and El Prado bar.

Continental Breakfast — 0739-1030, El Rancho; Luncheon — 1100-1315, El Rancho (Cafeteria); Evening Dining — 1830-2130, El Prado (Friday and Saturday). TGIF on Friday nights 2100-0100. Music Friday and Saturday nights 2100-0100.

Attractive rooms at the Club are available for private parties, and the Club will provide prepared menu selections for home parties. For details call 372-1339.

Remember to make reservations early and do let the Club know if you must cancel them.

GUARANTEE ON PARTY RESERVATIONS

Private parties in our dining rooms for which reservations have been made for 20 or more persons, must sign a contract (at least 24 hours prior to the event) guaranteeing 95% attendance.

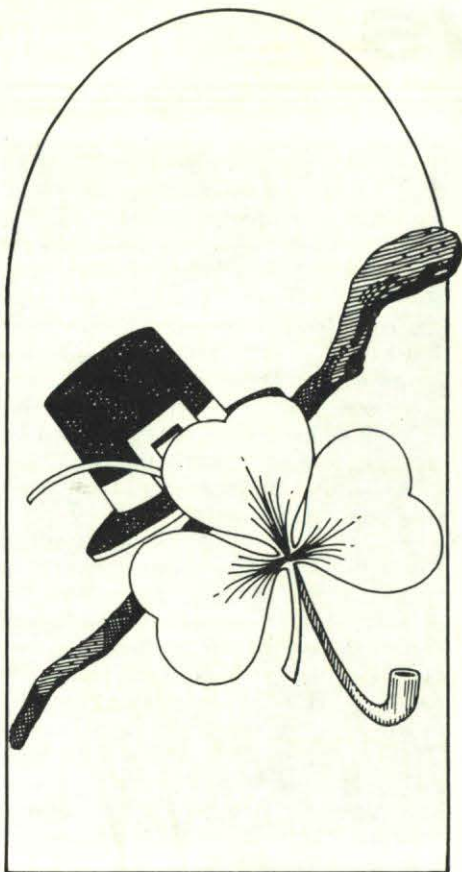


The beautiful sunken garden with pool, colorful flowers and well groomed plants sets the scene at Herrmann Hall at the entrance to the Commissioned Officers' and Faculty Club.

NPS PACKAGE STORE — 373-7511

— is located adjacent to the Post Office, near parking lot "E" at the rear of Herrmann Hall. Beer, liquor, wine, mixers, cocktail snacks and bar accessories are available.

Monday-Saturday 1000-1700
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OSWC advisor

Barbara Barron, Code 03, 649-8757
CLASSMATE Advisor. Attends Executive
and Governing Board meetings of OSWC
as well as most club functions.

OSWC

The Officer Students' Wives' Club on the Naval Postgraduate School is a unique club offering many varied activities and opportunities.

Listed below are the OSWC officers and committee chairmen and a brief summary of their duties. If you see a committee listed which interests you, feel free to contact the chairman and offer your assistance.

Should you be interested in serving on the Executive Board or as a Committee

Chairman there is no requirement of previous experience except in the case of the President (she must have served at least one term as a member of the Governing Board).

Experienced senior officers' wives serve as advisors, and the wife of the Superintendent graciously serves as honorary President.

Staff wives are cordially invited to become associate members of OSWC, attend programs and take OSWC spon-

sored courses, although they may not hold offices or chairmanships. International students' wives are extended an honorary membership by OSWC upon their arrival in Monterey.

The monthly Governing Board meeting is held in the Tower Room of Herrmann Hall at the Postgraduate School. The time is 8:00 p.m., and we would like to invite you to attend this general meeting and observe in action how OSWC works. □

OSWC COURTESIES:

Courtesies are extended by OSWC in the form of flowers or cards to student wives who are hospitalized, seriously ill, or who have had a birth or death in the family. If you know of anyone to whom flowers or a card should be sent, please contact Lynne Turowski, 382-4679. □

March 22, 1935: Nelson Eddy and Jeannette MacDonald's first film together is, "Naughty Marietta" and they sing "Ah, Sweet Mystery of Life." □

April 4, 1979: The film, "The Champ" opens with Jon Voight. Ryan O'Neal was given the role originally, but quit when his own son did not get the role that Ricky Schroeder was given. □

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OSWC news



**Jane Kuck
President**

A new term has arrived and with it arrives a new Board representing you at the Officer Students' Wives' Club. I am pleased to be representing you as your new President for this term, and I sincerely hope that newcomers and oldtimers alike will join us for the upcoming OSWC events.

I cannot fully express enough gratitude to Polly Haydon and her entire Executive Board for all their help in making this change of OSWC leadership a smooth and pleasant transition. Polly, thank you for a job well done!

To all the newcomers in the Monterey area, I extend a hearty welcome and the hope that your upcoming tour will be an especially rewarding one. Regardless of your husband's service or curriculum, I think that you will find having a full-time student in the family a demanding, yet enriching, experience.

We at OSWC are here for the sole purpose of assisting you. Through OSWC's functions, you will meet people and make good friends, which is our most important goal. OSWC's programs are set up to provide you with social activities as well as charitable activities. In other words, put the packing boxes out of your mind and join us.

Our activities include a bus trip to San Francisco for a day of shopping, Welcome Aboard Coffees, the popular

Bargain Fairs, and many more opportunities to meet one another.

OSWC is made up of the Executive Board and the Governing Board. To all newcomers, I recommend that you seek out and meet your Curricular Representative, since she is your most direct contact with OSWC's Boards. We are anxious to know what we can do to make your tour a memorable one. Our Governing Board meets the first Monday evening of each month in the Tower Room, and your attendance would be very welcome indeed.

For all of OSWC's scheduled programs, keep an eye out for the *Pink Flyer*, which will list and describe the classes offered, together with reservation forms for the trips, etc. In order to keep well informed, I strongly suggest that you make a point of reading *Classmate*, the award-winning magazine with which OSWC is so proud to be associated. Your husband will find both the *Pink Flyer* and *Classmate* in his SMC box, and a reminder to him of their importance will make it easier for you.

OSWC welcomes you and I welcome you. If you should need any further information regarding our club, please feel free to contact me by calling 646-8109 or dropping me a note at SMC 1292.

We are looking forward to seeing you!

□

TO OBTAIN OSWC MEMBERSHIP fill out the form below and return it with the appropriate dues to Kathy Shirk, SMC 2350. Dues are as follows:

Initial membership/renewal (2 quarter minimum) \$1.00

Each subsequent quarter/3 months \$.50

(EX: Dues for 6 quarters/18 months \$3.00)

SMC _____ NEW MEMBER _____ RENEWAL _____ ACTIVE _____ ASSOCIATE _____

LAST NAME _____ FIRST _____ HUSBAND'S NAME _____

RANK _____ SERVICE _____ CURRICULUM _____ GRADUATION DATE _____

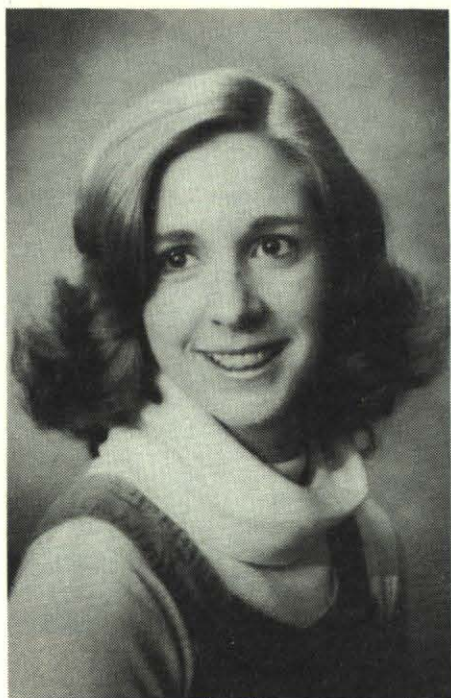
ADDRESS _____ PHONE _____

DESIRED LENGTH OF MEMBERSHIP _____ AMOUNT ENCLOSED _____

QUARTER MEMBERSHIP IS TO START _____ (JAN; APR; JULY; OCT)

Interested in Committee Work? _____ Club Administration _____

FIRST VICE PRESIDENT



LUCY PLEDGER

The new OSWC term has begun, and for the next six months we will be planning luncheons, bus tours, fashion shows and many other activities for YOU. We welcome all of you and hope that you will share in our activities and make suggestions to us for new ideas. We are fortunate here at the NPS to have such a variety of wives; military, international, and civilian. There is so much we can share and learn from each other.

I would like to thank Mary Barrie for the excellent job she has done these past six months as First Vice President. Her energy and enthusiasm will be missed by all. The fashion show and installation of officers was a fun, fun time. Many thanks to all the Curricular Representatives and especially the models -- they were both beautiful and handsome! It is always a pleasure to include our husbands in some of our activities, and we hope to do this again soon.

Spring is upon us and there will be an Easter Egg Hunt for the children at the

school. Please plan on bringing your children for this event: watch the *Pink Flyer* for more information. Also, we're planning a bus trip to San Francisco in April. This is such a great way for you to see this beautiful city and have free time while you are there. The bus usually leaves at 8:00 in the morning from La Mesa and returns at 6:00 p.m. Can you think of a better way to spend the day "out of the house"? Watch for more details. The Victorian House Tour will be held in Pacific Grove on March 23rd, and you will be hearing more about the Adobe Tour which is in April.

With graduation around the corner, we will be having to say good-bye to so many of our friends, and we will miss y'all! In welcoming the new wives who have recently arrived, I would like to encourage you to join the OSWC and participate in the many functions we've planned. If any of you ever have any questions, suggestions, or (heaven forbid) criticisms, please call me at 375-1114. □

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MEET THE EXECUTIVE BOARD



**JANE KUCK
PRESIDENT**

I have just completed a term on the Officer Students' Wives' Club Governing Board as Fluoride Festival Chairman, and I recently served as M.O.W.C. Board Secretary-Treasurer. My husband, George, a Marine officer, is a student in the Operations Research curriculum, and the other full-time student in our family is our second-grader, Kristin. Watercolors, golf and British murder mysteries are among my favorite leisure activities. □



**LUCY PLEDGER
FIRST VICE PRESIDENT**

My husband and I moved to Monterey in June. We have always lived on the East Coast, so California is a nice change for us. Jim is a Naval Line Officer and is in Financial Management. I enjoy tennis, bridge, and needlepoint, but I spend most of my time keeping up with Edward. He is two -- what more need I say!! □



**LYNNE TUROWSKI
SECOND VICE
PRESIDENT**

My husband, Hank, and I are both from Baltimore, where we met and married after his graduation from the Naval Academy. We have two sons, Hank, Jr. and Patrick.

My interests include macrame and Chinese cooking. I am active in the International Club and enjoy friendships with many foreign students and their families. I also have a part-time job at Macy's. □

Presides over the Executive Board, Governing Board and OSWC General Business Meetings and acts as liaison between OSWC and the staff of the Naval Postgraduate School. She appoints all standing committee chairmen and assistant chairmen in accordance with OSWC by-laws and appoints special committee chairmen as needed. She acts as member, ex-officio, of all committees except the nominating committee. She also attends the Officers Club Advisory Board meetings.

Presides over meetings in the absence of the President, or in the event of the President's resignation. She coordinates Curriculum Representatives and maintains a schedule for assembling the *Pink Flyer* each month. She is responsible for writing OSWC news for *Classmate*. She serves as the Program Chairman, planning at least two events to include all OSWC members during her term of office and a welcome coffee for new section leaders' wives.

Presides over meetings in the absence of the President and the First Vice President. She acts as parliamentarian and serves as chairman of the by-laws committee. She is responsible for reviewing the chairman notebooks, maintaining the OSWC bulletin boards and extending all courtesies in the name of OSWC. She arranges a coffee for new brides of NPS students each year and the tea following the Guided Wives Tour.



LORA KEATING
CORRESPONDING
SECRETARY

My husband Bill, a Surface Warfare Officer, our Yorkie puppy and I just arrived from San Diego. Even though both of us are originally from Northern Virginia, we would like to stay in California forever.

After working several years at the Pentagon, for the Navy, my activities here will include being a section liaison for the Admin. Science Dept., improving my tennis game and aerobic dancing. □



DAMON ROGERS
OSWC TREASURER

My husband, Mark, is a Naval Line Officer and is in the Computer Science program. We have two children, Courtney, 22 months and Matt, 8 months. I enjoy needlepoint, aerobic dancing, tennis and bridge. I look forward to making new friends during this last year of our tour here. □



SUE PENIX
RECORDING SECRETARY

My husband, Larry, our 16 month old daughter, Kristen, and I moved here from San Diego. We are a Navy family and are enjoying our first taste of shore duty. Larry is studying Weapons Technology and golf while I am quite busy being a full-time mother and "professional class taker." □

She is responsible for the general typing, correspondence and mimeographing for OSWC. She maintains the supply closet, the mimeograph and related equipment. She is also responsible for mailing an honorary membership card and a welcome letter to each international student's wife.

Keeps all financial records and reports the bank balance at OSWC meetings. She prepares a budget for the approval of the Executive Board at the beginning of each six month term, pays all bills, Federal and State taxes, audits the books of moneymaking committees and is responsible for program reservations. At the end of her term, she audits the books. She checks the OSWC mailbox regularly and delivers mail to the proper individuals.

Records the minutes of the Executive Board, Governing Board and General Business Meetings. She maintains all OSWC records and is responsible for typing and distributing certificates of commendation as directed by the President.

Curricular Representatives

The women on this page are the OSWC Curricular Representatives (CR's). They are liaisons between the various sections in their respective curricula and the OSWC Executive Board. The CR's along with the Committee Chairmen comprise the OSWC Governing Board. If you are interested in serving on this board, contact your CR or any member of the board.

It is the duty of a CR to provide another avenue of communication. She, along with the *Classmate* and *Pink Flyer*, informs you of important OSWC and NPS events. □



Administrative Science
Linda Hansen, 1637, 649-0992



Computer Technology
Sue Rathbun, 2873, 646-1167



Aeronautical Engineering
May Harding, 2047, 375-0930



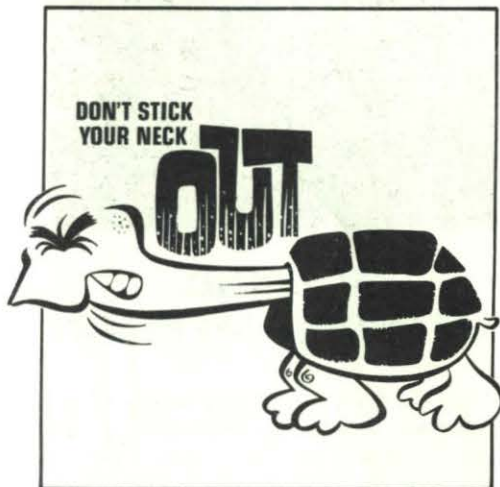
Electronics and Communications Engineering
Cheri Swafford, 1398, 373-0318



Command Control and Communication
Nancy Lane, 1822, 649-8974

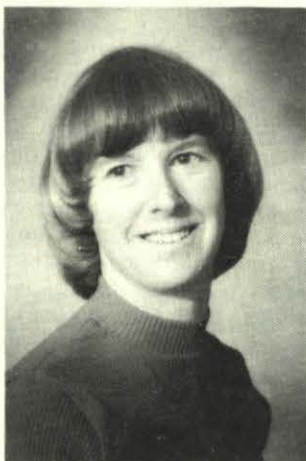


Command Control and Communication
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Deborah Raines, 2472, 372-6271



Meteorology and Oceanography
Cathy Butler, 2238, 646-0265



Operations Analysis
Dayle Boyd, 1973, 646-0920



National Security Affairs/Area Studies
Susan Busch, 2015, 372-6621



Weapons Systems
May Parks, 2778, 649-5937

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Expected date of move _____

OSWC Activities

The following classes are offered through OSWC to current members to receive the OSWC discount, please have your membership card ready when signing up for a course. If you are an OSWC member and do not receive the discount, please call the Activities Chairman. If you cannot attend a class, notify the instructor of your cancellation at least 24 hours in advance, as many instructors need a minimum number of students to teach a class. Call the instructors for more information and to sign up for their classes.

Adult Ballet/Introduction to Dance

Movement: Malia Barron, 649-8757 or 624-2527. We will explore the classic forms of dance gaining a strong sense of your personal center, balance, agility, and ability to express and move. This course will be offered in two levels: a basic introduction for the beginning student and a continuation exposure for the intermediate student. Classes meet twice weekly for 8 weeks. Each class lasts 1½ hours. Members \$48.00. Non-members \$60.00. No extra cost anticipated with the exception of ballet slippers.

Aerobic Dance: Mary Barrie, 646-8234; Chris Goodwin, 649-8927; or Meg Moody, 375-0482. A fitness program which combines cardio-vascular exercise with music and dance routines, choreographed by Jacki Sorenson. The 12 week course is \$48 for members, \$60 for non-members. It meets twice a week for 1½ hours. Tennis shoes required.

Beginning Bridge: Sandy Cooper, 649-5280. Bridge basics according to Goren will be taught. 8 week course which meets once a week. Cost is \$16 for members, \$20 for non-members. No additional costs.

Beginning Genealogy: Patricia Cirone, 649-8679. An Introductory course in ancestor hunting. Basic techniques,

location of records and the use of local facilities will be covered. Cost is \$10 for members, \$12 for non-members. Paper and pencil required.

Beginning Piano: Mildred Kline, 624-9541. Plan for beginners ages 5½-8. \$6 per half hour for members, \$7.50 for non-members. In own home or Mrs. Kline's Carmel Studio. Must have piano in own home.

Beginning Tole: Kathy Hayes, 899-0870. 6 classes, 2-2½ hours per week. Learn about supplies and preparation. Five different "Toles" will be painted. Students supply own materials. Members \$15, non-members \$17. Approximate cost of supplies \$20-\$30.

Children's Introduction to Dance

Movement/Ballet: Malia Barron, 649-8757 or 624-2527. Let your child have fun expressing himself or herself in an artistic, creative, structured and dynamic program of dance movement with emphasis on balance, coordination, exercise, rhythm and body awareness. We will explore the classic, modern and improvisational forms of dance in 8 weekly 1½ hour classes for four levels of students: 3 year olds; 4-6 year olds; 7-9 year olds; and 10-12 year olds. Members \$24.00/8 weeks. Non-members \$30.00/8 weeks. No extra costs anticipated with the exception of ballet slippers.

Chinese Cooking: Lynne Turowski, 372-4679. Five classes, 2½-3 hours each. Every class will feature a full meal from appetizer to dessert. Students play an active part in meal preparation. \$18 for members, \$22 non-members plus sharing cost of food (\$2-\$3 per class).

Crochet: Diane Kelley, 649-3913. A beginner can create beautiful garments from very basic stitches. One of the easiest arts to learn. 5 weeks, 2 hours per week. Cost is \$12 for members, \$15 for non-members. Student supplies 2 skeins of yarn, crochet hook, and yarn for individual projects. \$2.50 minimum.

Counted Cross Stitch: Debbie Shaw,

646-9589. An exciting versatile needlework. You begin with a blank piece of fabric, follow a charted graph, and count your stitches to create a colorful, unique embroidered design for framed pictures, clothing and pillows. Two week course, 2 hours per week. \$8 members, \$10 non-members. All materials included except frame and embroidery hoop.

Decorating With Fabric: Linda Marvel, 649-5602 or Micheyl Bartholomew, 372-6926. Learn to cover walls with fabric using the following techniques: starch, staples and shirring. In addition, course includes making co-ordinating accessories. Cost \$20 for members, \$25 for non-members. Optional book \$2.50.

Dip and Drape Dolls: Nancy Hammond, 649-3810. Make Holly Hobbie or Christmas Dolls. You don't have to have artistic ability to create these beautiful dolls. Cost is \$20 for members, \$25 for non-members.

Doll Making Workshop: Anne Dougal, 624-0349. Anne Dougal will present several of her well-known doll workshops. Ex: "Day of Dollmakin", "Missy Mouse", "Funny Bunnies" and "Mini-Mice". The workshop is a one day seminar during which time a project will be completed. Cost is \$13 for members, \$15 for non-members. Call instructor for times. Student material costs approximately \$5.

Dried Flower Arranging: Gayle Arrison, 646-1982. Five lessons 2-3 hours each. \$20 members, \$25 non-members. Students learn through arranging, demonstrations and individual practice. Lecture on preserving and coloring items to be gathered. Other dried material will be provided at cost. Student costs approximately \$40.

Entertaining: Sheryl Livingston, 373-6290. A series of classes totaling 15-20 hours on entertaining. Included will be instruction on how to flambe, napkin folding, how to give cocktail parties, dinner parties, and how to design one floral centerpiece and much more. \$20 members, \$22 non-members. Contact instructor for further information. No further cost.

Guitar, Folk and Classical: Mildred Kline, 624-9541. Lessons are \$6 per half hour members, \$7.50 per half hour non-members. Book is approximately \$4, students supply own instrument.

International Cooking: Julie Fox, 646-8712. Taught by International wives. Class meets on Wednesday at 8 p.m. in La Mesa Community Center. Reservations are begin taken for future cooking classes. \$18 members, \$20 non-members. No additional costs.

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Instruments and Voice: Dr. Bender's School of Music, 372-7857. Cost for instruments is \$5 per ½ hour for members, \$5.50 for non-members. Vocal is \$6 per ½ hour for members, \$7 for non-members. In home lessons are \$7 per ½ hour, \$12 per hour. Students supplies own instruments.

Interior Design Consultations: Mary Lansdowne, 659-2344. \$7.50 for ½ hour consultations for members, \$12.50 per ½ hour for non-members. Consultations consist of discussing interior design problems, particularly military quarters.

"It's Time to Stop Doing Without" (financial planning): David Allard, 373-3071. Subjects to be covered: Income Tax, Cost of Living, Budgeting, Wills and Trusts, Insurance, Housing, Tax Shelters, Investment Alternatives. 10 hour course, 2 hours a week for five weeks. \$10 for members, \$15 non-members. No additional cost to student.

Japanese Flower Arranging: Hobi Hayashi, 375-1066. Live samples of arrangements and diagrams are given to students. Lectures on history of Japanese arrangements, conditioning of materials, color, harmony, proportion, balance and scale. Cost is \$1.50 per lesson for members, \$2.50 per lesson for non-members. There are 17 lessons. No additional cost to student unless flowers are needed.

Mini-oils: Kathy Hayes, 899-0870. Create a miniature masterpiece! Learn

about the materials and preparation needed to paint miniature art. Four mini-oils will be painted in 5 classes. Students will supply own materials. \$15 for members, \$17 for non-members. One 3 hour class per week, for 5 weeks. Cost to student approximately \$20-\$30.

Needlepoint: Sally Dewey, 624-2250. \$25 for members, \$30 for non-members for beginners. \$30 for members, \$35 for non-members for intermediates. Beginners learn basketweave and continental stitches. Intermediates learn basic 16 stitches, then progress on their own. All supplies included, no additional cost to student.

Private Tutoring: Barbara Luby, 646-9943. Tutoring in math from basic math skills through high school Algebra, Geometry and Trigonometry. \$8 for members, \$10 for non-members per hour. No additional cost.

Sewing: Gail Westin, 646-0950. Six lessons, 2-3 hours each. Cost is \$20 for members, \$25 for non-members. Student supplies own material for two projects.

Simplified Cakes: Linda Ibert, 649-0159. Decorating cakes made very simple by cutting and decorating. Made for the would-be decorator. Six lessons, \$12 for members, \$14 for non-members.

Source Yoga: Charles Muir, 659-2992. \$24 for 6 meetings of 75 to 90 minutes each. Included are a book and lesson plans to use at home. Call for free informative brochure. No additional

costs to student.

Techniques on Quilting and Creative Clothing: Mardie Miller, 624-5067. Cost is \$30 for members, \$35 for non-members for six lessons 2 to 3 hours each. Students furnish their own materials. No cost unless specific materials are required.

Tennis: Mary Costello, 372-3502. \$18 for members. \$20 for non-members. Six hours of lessons. Classes meet 9-12 Monday thru Friday.

Violin and Viola: Mildred Kline, 624-9541. Private lessons are \$6 per half hour for members, \$7.50 per half hour for non-members. Student supplies own instrument and book.

Yeast Breads: Barbara Taylor, 649-3655. Five sessions to be held in Pebble Beach kitchen of teacher. \$20 members, \$25 non-members. Basics, bowl breads, single rising yeast doughs, sourdough and more. Student to supply own bowl, wooden spoon, and bread pans.

NEW CLASS

English Smocking: Eileen Thornburg, 373-3480. Elaborate on the Polly Flanders-style dress. Create your own heirloom dresses, bonnets, pinafores, blouses, etc. Complete a round-yoke dress in four lessons. Fee includes book, 3-size dress pattern, sampler, and transfer dots. \$40 members, \$45 non-members. Additional cost to student approximately \$3.00.




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ADOBE TOUR 1980 — LARKIN HOUSE

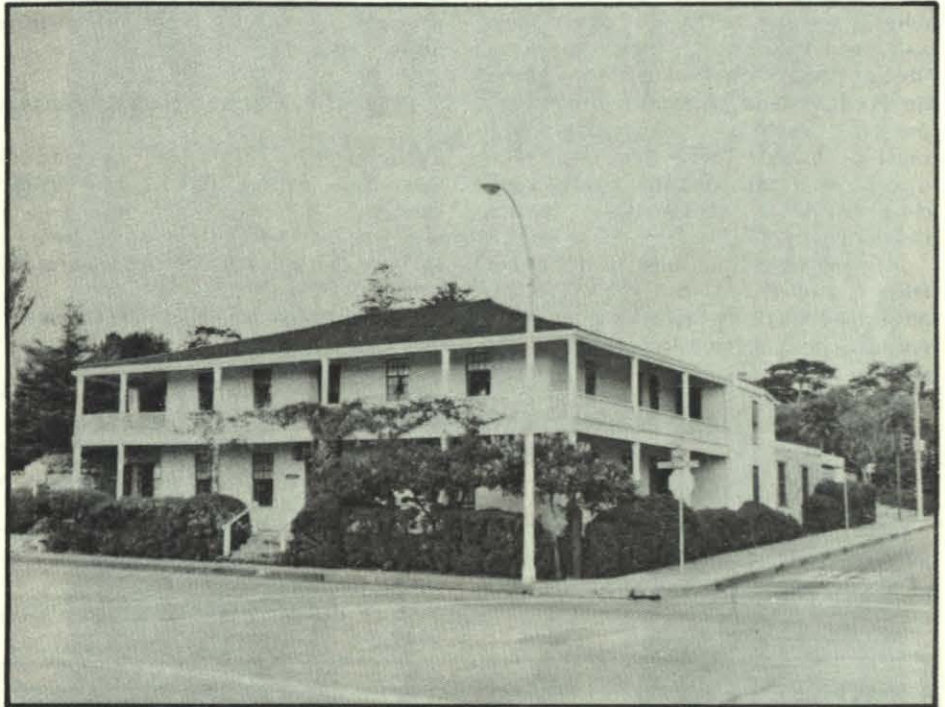
Nestled neatly into the landscape of picturesque Monterey is Larkin House, still very contemporary to its surroundings. Built in 1834-35, Larkin House is one of the finest examples of California architecture, Monterey Colonial. Within its walls historic decisions regarding California's future role were made; it was also the center of social life in the capital.

Thomas Oliver Larkin arrived in San Francisco, then Yerba Buena, in 1831. He was 29 and penniless. Orphaned at 15 and having recently recovered from a serious illness, he came to California on the advice of his half-brother John Cooper, who offered him a position as a clerk, which he held for one year. Moving on to Monterey, Larkin opened a general store — one of the first in the state — and business flourished; it became indispensable to local ranchers, who could obtain almost anything imaginable by special ordering from Larkin.

A hodgepodge of white adobe huts sheltered by large green oak trees dotted the edge of Monterey Bay in 1833. Larkin perceived a far different residence for himself, particularly with the arrival of his fiancée close at hand. He greatly admired the plantation mansions he had seen in North Carolina and wanted his home to be as fine. Larkin House was the first two-story house built in Monterey. Eastern form was adapted to western materials of adobe and redwood, at a cost to its builder of \$5,000. "The walls of the house are ... made of (adobes) sun dried bricks, 22" long, 11" wide and 4" thick," said Larkin in a letter. "When well made, and under a good roof (they) will last (a long) time. I have seen them taken from a house 60 years old to build another house with." A mere \$12 secured the land and another \$3 the deed; today the land alone is worth a fortune.

From 1843-1846 Larkin House was the consulate, while Thomas Larkin served as the first and only United States Consul to Mexico. He also played a very important part as confidential agent in the acquisition of California. His dexterity in manipulating political, business and diplomatic endeavors in total confidence must have been amazing. Little is recorded of Larkin's wife, Rachel; perhaps she was a quiet gentle woman, busy with her home and children (all nine of them) staying out of her husband's affairs.

The heritage of this historic house has made it one of the most fascinating homes on the Adobe Tour. Many of the adobes are open on a year round basis, however, several of them are private



Larkin House

homes, clubs or offices and are open to the public only during the Adobe Tour. Saturday, April 26, is the date for this year's tour. Tickets will be available at most tour buildings or by mail from the Monterey History and Art Association, Box 805, Monterey, CA 93940 or Adobe Tour, 412 Pacific Street, Monterey, CA 93940. Adult admission will be five dollars, student and military personnel will be charged three dollars for admission. This includes tea and refreshments served at the elegant Casa Serrano. The officers' wives of the Naval Postgraduate School have been invited to host Larkin House. This is a unique opportunity for active participation in a very popular community event. If you or your husband would enjoy exploring the history of our city as a host or hostess, about 45 volunteers will be needed, during the Adobe Tour on April 26. Please contact Susan Hanson, SMC 1160, 372-4064. □



Help for determining your voting residence.

WASHINGTON (NES) ... The question, "Where should a person vote?" (i.e., one's "voting residence") is sometimes difficult to answer. When a person is physically living at his or her voting residence there are no problems concerning where to vote. However, when a person is in the Navy or otherwise away from his or her "voting residence," the basic test of physical presence cannot be used. Instead, questions regarding a person's ties to a particular community must be asked. These ties, depending upon their nature and strength will determine a person's "voting residence."

In many cases members of the armed forces and their spouses have the advantage of being able to select their voting residence from among the various places where they have lived or are presently living.

Answers to the following questions will be helpful in determining your voting residence:

Members of the armed forces —

- Where is your official home of record?
- Did you establish a new residence after entering the Navy?

- Do you own property in a state? Where?
- Did you register to vote before coming into the Navy? Where?
- Where did you last vote?
- Do your children go to a state college as "in-state" students?
- To which state do you pay income tax?
- In which state is your automobile registered?

Other U.S. citizens residing overseas —

- Where was your last permanent residence before leaving the United States?
- Do you own property in any state?
- Where did you vote before leaving the United States?
- Do your children go to a state college in the United States as an "in-state" student?
- Where were you registered to vote before leaving the United States?
- To which state do you pay income taxes?
- In which state in the United States is your automobile registered?

Usually, the place to which a person has the strongest ties should be the voting residence.

More difficult questions may arise


when the voter is the spouse or dependent of a member of the armed forces. The tradition in the United States has been that children take the residence of their parents and that the wife takes the residence of her husband. Although this tradition has given way in recent years to adulthood of 18-year-olds and equality between the sexes, these traditions still provide an accepted norm for fixing the voting residence of a child or spouse.

Nevertheless if they have sufficient contacts with another community, a child may have a different voting residence from the parents while a wife may have a different voting residence from her husband.

Members of the armed forces and their spouses and dependents may also take as their voting residence the state in which they are currently living if they so choose — even if they are living on a military base.

Caution should be exercised in choosing a voting residence. Income tax liability, the right to attend state universities as an "in-state student" and other obligations and privileges affect this selection. Individuals should check with their legal officer or civilian counsel before making this decision.

Questions pertaining to selecting your voting residence should be addressed to your local voting assistance office or legal affairs office. Questions concerning this subject or any other subject on voting can be answered by writing the Director, Federal Voting Assistance Program, Office of the Secretary of Defense, Pentagon, Washington, D.C. 20301. □



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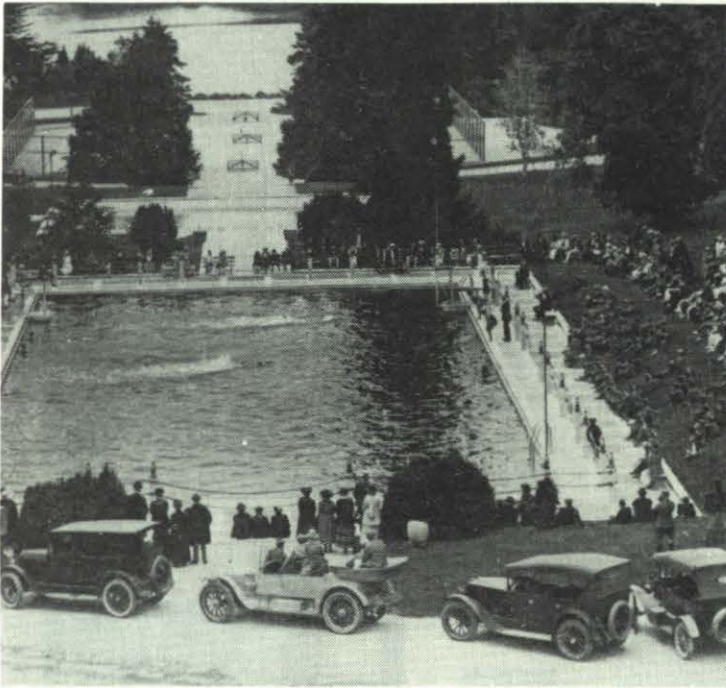
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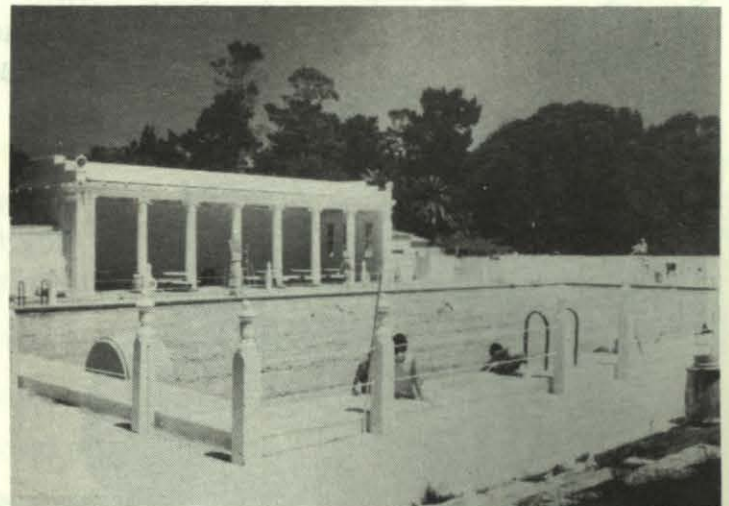
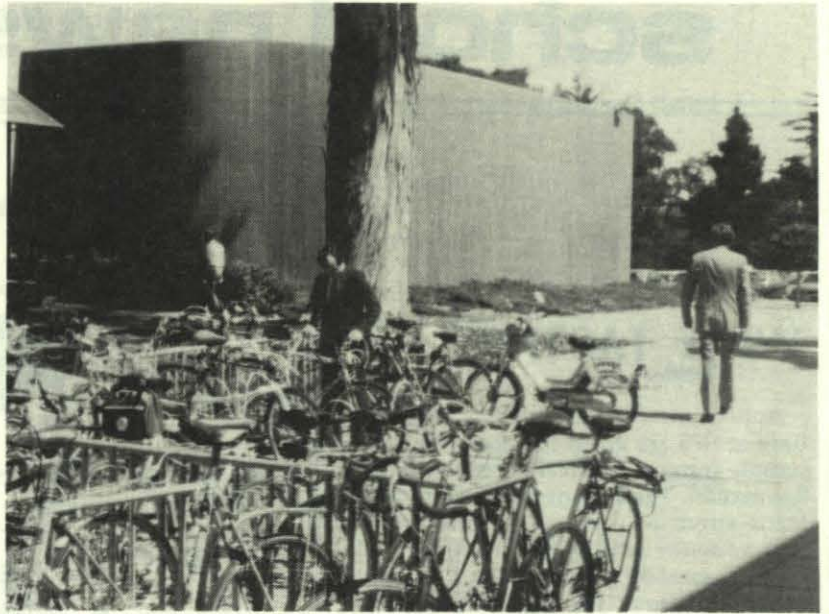
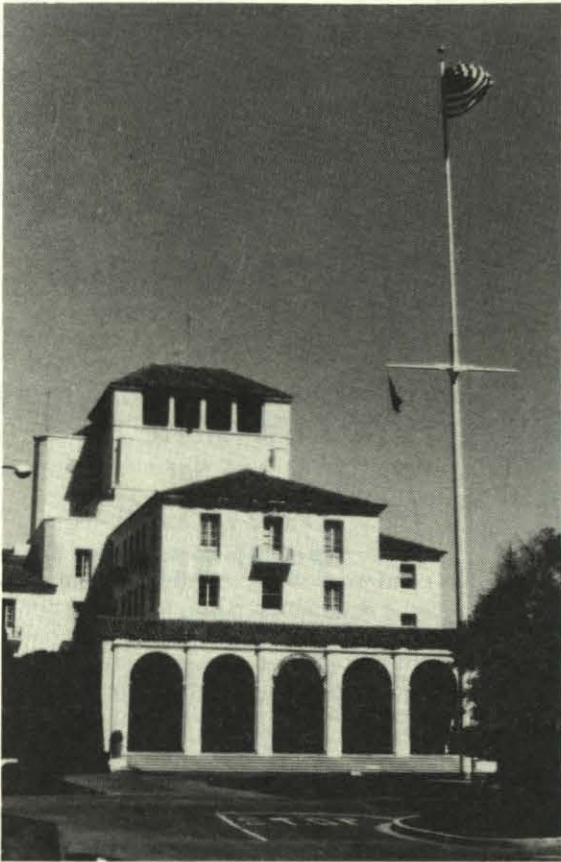
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. . . and now



naval postgraduate school news

WINE TASTING

Approximately once per quarter we here at NPS are given the opportunity to sample some of the best wines the world has to offer. The Commissioned Officer's Mess sponsors several of California's best wineries who visit the school and bring a sampling of their wares. The most recent of these tastings was held in February, in the El Prado Room, and provided an evening of delight for several hundred tasters. The fare included, in addition to the wines, heavy hors d'oeuvres such as roast beef, assorted cheeses, teriyaki chunks, vegetable trays and other goodies. Watch the bulletin put out by the club for the date of the next tasting, because they are traditionally sold out long in advance. The evening gives everyone a chance to discuss the wines and learn about the wineries from the experts, the representatives of the wineries, who are willing and eager to teach the novice and discuss with the gourmet anything and everything to do with wine. □



Babysitting Co-op

The La Mesa Babysitting Co-op is a babysitting exchange that provides companionship for your children and allows you to get away from them without worrying. If you are interested in joining or need further information, call Debbie Shaw, 649-9589. □

CHILD CARE CENTER (646-2734)

7:45 AM-5:30 PM Mon.-Thurs.
7:45 AM-1:30 AM Fri.
5 PM-1:30 AM Sat.

The NPS Child Care Center accepts children from six months of age and over on a reservation basis. Immunization records and birth certificates (for babies) are required on the first visit.

Parents of children from six to eighteen months may bring baby food. Other children may purchase lunch or dinner (lunch served between 11 and noon, dinner from 5:30 to 6).

Parents of younger children should provide diapers as needed, a plastic bag for soiled clothing and a diaper bag. Items should be labeled.

Parents are requested to cancel reservations when necessary. Reservations will only be held for one half hour. □

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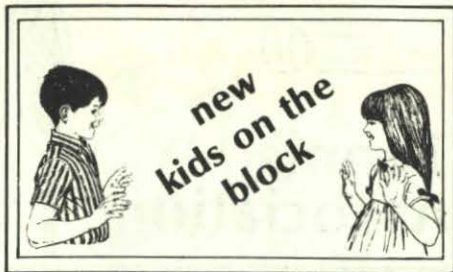
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Grace and Armando Solis, boy, Andrew, December 4
 Janet and Charles Cadwell, boy, Scott Michael, 7 lbs. 11 ozs., December 15
 Maureen and Joe Mackin, girl, Katie Emily, 9 lbs. 6 ozs., January 25
 Mary and Stephen Jennings, girl, Ruth Marie, 8 lbs. 4 ozs., January 14
 Lawney and Ken Smith, boy, Aaron, 9 lbs., February 2
 Trudy and Mac Ogilvie, boy, Andrew, February 1
 Joy and Victor Lepere, twin girls, Christine and Sarah, January 9 and 10.

PRESIDIO NURSERY

The Presidio Nursery provides loving care for your child 3 months to 10 years of age. Rates are \$.80/hr. for one child and \$1.20/hr. for 2 children. Hours: 6:45 a.m.-5:30 p.m. Monday, 7:30-5:30 Tuesday through Thursday, and 7:30 a.m.-1:00 a.m. Friday. Closed Saturday and Sunday. Reservations are advised and can be made by calling 372-2346. The nursery is located in building 234 on Infantry Street at the Presidio. □

La Mesa Community Center

Need a convenient place to conduct meetings, recreational activities and social functions? The La Mesa Community Center located behind the Village Store is for you use as a housing resident.

The center provides three multi-purpose rooms separated by folding partitions, a small kitchen, an outdoor picnic area with barbecue pit, and can accommodate 15 to 65 people inside.

The center is available on a first-come, first-serve basis with nonprofit organizations having priority. Second priority goes to private parties and third priority to special interest groups (those charging tuition).

There is no charge for use of the center. To reserve it, apply in person to the Housing Director. Phone 646-2321.

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Tennis Association

Welcome to Monterey and the Naval Postgraduate School where you will find a variety of activities available. Among those, you will find tennis and the Naval Postgraduate School Tennis Association. The NPSTA is open to military (active and retired) and their dependents and all students at NPS. Membership fees are \$3 per person per year or \$5 per family per year. Add \$2 to cover cost of mailing if you do not have an SMC or Code number. Applications for membership may be obtained from the Recreation Department or the membership chairman.

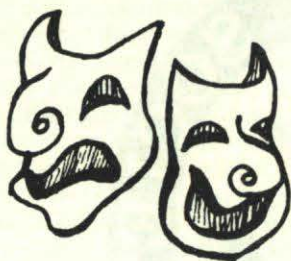
The Tennis Association provides a number of activities for its members — tournaments, playdays, social events, singles round robin for men and women, children's tournament and clinic, men's singles ladder, ladies' doubles teams and men's interclub teams. The social events of the NPSTA are held once a month and are a great way to meet other tennis players. From beginner to advanced player, we all enjoy the opportunity of getting together for a weekend of fun tennis.

Tryouts for the ladies B, C and D teams were held last August. The B, C and D teams are members of the Monterey Bay Ladies Doubles League and participate with other clubs monthly from September to June. If interested in challenging on to a team, contact Anne Marie Strauss at 646-8025.

Last spring NPS participated for the first time in the Men's Interclub, which is set up by the Monterey-Santa Cruz Area Tennis Council. The participating clubs' tennis play six singles and three doubles. Tournaments are normally scheduled on Sunday mornings and run for seven weeks in the fall and seven weeks in the spring. Men's Interclub teams at the B.C. and D levels are now being formed for the fall league. If you are interested in playing on a team contact Bob Barrie at 646-8234.

Newsletters are sent out to Association members each month to keep them up-to-date on future events and the outcome of past events. We hope that you will contact us if there are any questions.

President: Bob McCormack — 646-2735. Vice President: Anne Marie Strauss — 646-8025. Secretary: Diane Hawkins — 375-3615. Treasurer: Jackie Conn — 372-3479. Membership: Karen Ryan, 373-7217. □



LITTLE THEATRE

by Marybeth Livengood

The Naval Postgraduate School Little Theater welcomes you to Monterey. We also welcome you to share in the fun and entertainment the Little Theater provides its members and the community.

Membership is open to all active duty and retired military personnel, personnel of the military services of foreign countries associated with NPS, faculty and civilian personnel with NPS privilege cards and all dependents of the above mentioned.

At the present time the Little Theater has a general membership meeting each quarter and puts on three productions each year. Summer is the time for our annual children's show when children of all ages are delighted by ghosts, goblins and fairy godmothers. The fall production is usually a comedy or drama, while in the spring budding actors and actresses burst into the song and dance of a musical.

Come join us and have fun and learn about the theater. We need people both on stage and behind the scenes. No experience necessary. □



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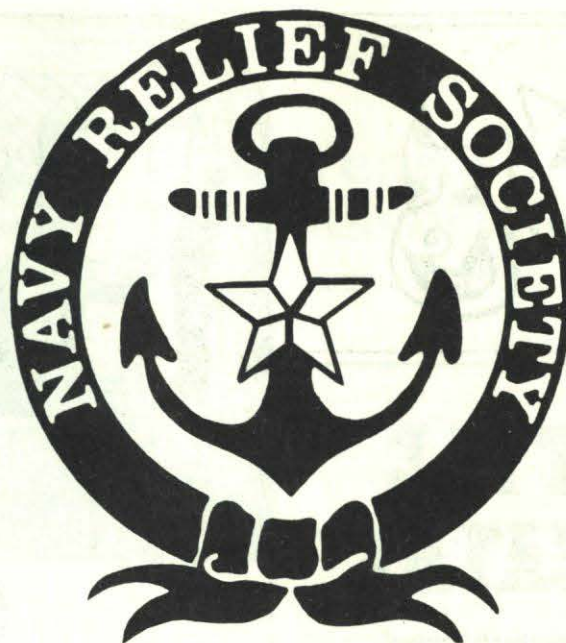
.....646-1636

Deb Lott649-8055

Newsletter Randa Isbell

.....372-1544

Judy Campbell646-3870



A SALUTE TO VOLUNTEERS —

Volunteers have been getting good things going since the very first arrival of the Pilgrims. Their very survival depended upon neighbor helping neighbor. And so from the very beginning, throughout our history, the spirit of volunteering has been caringly interwoven into our national fabric. Time and again, it has played a vital role in shaping events and changing history. Changes you've probably never thought about, like public schools, the first meteorological service, museums, boards of health, foster homes, social work, even banking and stock exchange. All are rooted in concepts originally initiated and carried out by volunteers.

The Navy Relief Society is no exception to this tradition of getting things started.

Of the nineteen members who made up the original Board of Incorporators in 1904, seven were Naval Service wives — the first Navy Relief Volunteers!

Since the beginning, Navy Relief has depended on volunteers to carry out the mission of providing "aid in time of need." With only 200 employees at the present time, volunteers are the hands with which the Society serves. They are the receptionists, interviewers and clerical workers in each of the offices, who help find answers to overwhelming problems; the workers in Navy Relief thrift shops where a dollar still buys almost as much as it did years ago; they look after children, call on widows, make baby clothes, and perform many other services.



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Volunteers are and have been the backbone of the Navy Relief Society. They not only accomplish the mission the Navy Relief, but they enrich the quality of the service. Their familiarity with problems encountered by Navy and Marine Corps personnel bring a special understanding, empathy, and rapport into their work. Retired members — both men and women — can put to good use the "know how" they've accumulated over the years. Their knowledge of the military and how it works often is the key to a seemingly insurmountable problem.

The Navy Relief Society is deeply indebted to the volunteers who — through the years — have assumed a major responsibility for carrying on the Society's work.

The preceding paragraphs were from a letter sent to all Navy Relief Offices from our Headquarters in Washington D.C. In our country, in a time when it seems and feels like everyone is looking out only for themselves and not their neighbor, not to mention a stranger, it puts a good feeling in our hearts to know that we are doing something that is worthwhile and appreciated; to see a sense of relief on the face of a client when a volunteer says "Yes Navy Relief can help you with this problem."

As you know, the work of the Navy Relief Society here in Monterey is carried out entirely by volunteers. Only through their efforts can we truly take care of our own in an emergency situation. While I wish to urge you to take advantage of the opportunity this course represents, I also want to assure you that you are not required to volunteer. Sometime, you or your neighbor may need Navy Relief and you will indeed know "the place to turn." That alone is enough to make taking the course worthwhile.

If you wish further information, please call the Navy Relief Office at 373-7665. The office hours are 10 a.m. to 1 p.m. Mon., Wed., and Fri. Navy Relief OSWC Rep. is Janice Reynolds, 375-2035. □

LEST WE FORGET

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NAVY RELIEF MYTHS AND FACTS:

MYTH: If a wife comes to Navy Relief for help it will hurt her husband's career.

FACT: Everything that is said in the Navy Relief office is absolutely confidential. A request for assistance is never discussed with a service member's command unless he or she has given express permission.

MYTH: Only officers' wives can work as NRS volunteers.

FACT: NRS will take any volunteer it can get! Spouses of any service member are welcome.

MYTH: There is too much red tape getting a Navy Relief loan in an emergency.

FACT: Navy Relief must have verification of an emergency. American Red Cross can usually obtain verification in less than 24 hours.

MYTH: A wife can't get help from Navy Relief when her husband is deployed.

FACT: When the serviceman is deployed, Navy Relief encourages wives to come in for assistance. We may be able to solve her problem by referring her to a source of help other than financial. If financial assistance is required, Navy Relief can help with her immediate needs, then send a wire to the serviceman on the ship asking his desire as to what further assistance Navy Relief may be to him and his dependents.

MYTH: Navy Relief only gives loans.

FACT: Nearly three-quarters of a million dollars was given by Navy Relief last year in gratuities and loans that were converted to gratuities when repayment became a hardship.

MYTH: Navy Relief is a welfare organization.

FACT: Navy Relief financial assistance is granted to help service personnel in times of short term, unanticipated need. NRS will not assist in maintaining a standard of living out of line with the individual's income. We will help establish a workable budget and help the service member make plans to stay within it. When financial assistance is granted, repayment is expected unless it would cause undue hardship. □

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LADIES BIBLE STUDIES

The Protestant Women of the Chapel sponsor a non-denominational Bible study which meets weekly in La Mesa homes. Join us every Thursday from 9:30 to 11:15 a.m. to discover the joys and assurances that God's Word has for a world in confusion. Child care is provided at a minimal charge. Currently, we have six studies: Mark, Philipians/Colossians, Genesis, Survey of the Minor Prophets, The Attributes of God, and Design for Discipleship. Even if you've never read the Bible before, you are welcome, and encouraged to join our fellowship. You need not be a Chapel member. For more information, please call Dee Brunson, 649-3077. Isaiah 40:8 □

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feature section

WHERE IT'S HAPPENING

by Deborah Raines

March/April 1980

Spring on the Monterey Peninsula is a beautiful time, and activities abound to help you enjoy nature's blessings. Two of the area's most popular events will be coming up in the next few weeks. On March 23, eight beautifully restored Victorian residences plus a lighthouse and a church will be open for touring during the 11th annual Victorian Home Tour in Pacific Grove. The Annual Monterey Adobe Tour will be presented by the Monterey History and Art Association on April 26. Both are fine examples of our local heritage and are well worth attending. Don't forget the OSWC Easter Egg Hunt April 5. Happy Easter!

Mar. 8 **OSWC Art Auction**, Barbara McNitt Ballroom. Preview 6:30-7:30, auction begins at 8:00 pm. No-host bar. Door prize will be an original oil painting. No admission charge.

Mar. 8 **Robert Louis Stevenson School Annual Spring Bazaar** at Reid Hall on the RLS Campus. 10 am to 3 pm.

Mar. 1,6,8,14,16,20,22,29,30 **Don Giovanni**, presented by the Hidden Valley Opera Ensemble, Hidden Valley Theater, Carmel Valley.
Mar. 7,9,16,23,27, and

Mar. 11 **Life With Father**, Comedy Theater Film Festival, Sunset Theater, Carmel.

Mar. 13-14 **Exploramatravel-adventure film: IRELAND**. Sunset Theater, Carmel.

Mar. 15-16 **UP WITH PEOPLE**. An upbeat musical stage show to be presented at King Hall, NPS, at 8:00 pm. Tickets \$5.00 adults and \$4.00 children. Sponsored by the NPS Chapels and Recreation Office. Call Larry Sparks at 646-2466 for additional information.

Mar. 17 **St. Patrick's Day**.

Mar. 22 **Pacific Grove's Good Old Days Celebration** kicks off a weekend of turn-of-the-century fun and excitement. The day begins with an antique Car Parade at 10 am followed by a Community FAIR at Lighthouse Ave. and 16th in Pacific Grove.

Mar. 23 **Victorian Home Tour**, Pacific Grove. This is an opportunity to view one of the few existing concentrations of Victorian homes typical in the period of 1880-1890. The Eleventh Annual tour will present eight homes, community buildings, a lighthouse, and a church. Tickets include an art exhibit and a Victorian tea along with the tour and will be \$5 if purchased before March 13 and \$6 after that date. Contact the Pacific Grove Chamber of Commerce, P.O. Box 167, P.G., CA. 93950. (Checks should be made payable to Victorian House Tour.) Sorry, no children under 12.

Mar. 23,24,25 **Monterey County Symphony**. Louise Pearl, Soloist. Presented in Monterey, Carmel and Salinas. Call 624-8511 for additional information.

Mar. 29 - May 5 **"The Saltillo Sarape"**, a traveling exhibition from the Santa Barbara Museum of Art featuring Mexican, Rio Grande and Navajo weavings from the 18th and 19th centuries. Main Gallery, Monterey Peninsula Museum of art.

Apr. 5 **OSWC Easter Egg Hunt**, NPS grounds. See March *Pink Flyer* for details.

Apr. 5 **Parks and Recreation Easter Egg Hunt**, Dennis the Menace Park and El Estero Park. 10:00 am. All children pre-school through third grade are invited.

Apr. 6 **Happy Easter!**
Apr. 8 **Room Service**, Comedy Theater Film Festival, Sunset Theater, Carmel.

Apr. 10,12,19,26,27,30 **La Boheme**, Hidden Valley Opera Ensemble, Hidden Valley Theater, Carmel Valley.

Apr. 13 **Butterfly Criterium Bicycle Race**, Downtown Pacific Grove. Watch local papers for information concerning exact time and place.

Threepenny Opera, Hidden Valley Musical Theater, Carmel Valley.

Apr. 13,18,27 **Kite Flying Contest**, Carmel Middle School, Carmel Valley. Bring a homemade kite and participate in the fun. Prizes given according to age group. Additional information: 624-3342.

Apr. 19 **"The World in Harmony"**. International Day and Night at NPS. International displays from 1-3 around King Hall. International Night show begins at 7:30. Tickets \$3 and \$4; ticket sales near the SMC boxes April 1-4 and 7-11.

Apr. 26 **Annual Adobe Tour**. Once a year showing of both public and private adobes of Monterey. Tickets are \$5 and \$3 and can be purchased the day of the tour. See the article in this issue for more details. □

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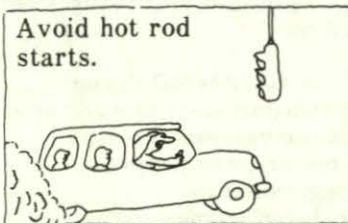
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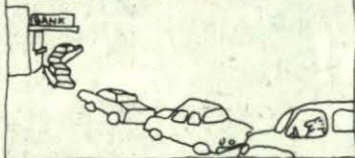
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Monterey

NAVY BLEU

by Patty Wasson

As we all know there are quite a number of international students and their families here at NPS. Keeping this in mind I have chosen to feature some international recipes, which were kindly provided by Linda Jacobson. I hope you'll give one or all a try and enjoy a change of flavor.

CHICKEN CURRY (Pakistan)

- 2 med. onions, chopped
- 2-3 T. cooking oil
- 2 cloves garlic, minced
- 1 T. salt
- ¼ t. cayenne or chili powder
- ½ t. tumeric
- ¼ t. each caraway seed and cumin
- 2 tomatoes, cut up
- 1 chicken, cut into serving pieces
- ¼ t. each ginger and allspice
- ½ c. yogurt
- ¼ c. almonds, chopped

Place the oil and onions in a medium size pot and cook over medium heat 'til brown. Add all the spices, except the ginger and allspice, and tomatoes to the onions and heat for 10-15 minutes. One by one add the chicken, coating every piece in the onions mixture; then add the ginger and allspice. Turn heat to medium low and cover the pot. Cook for 15-20 minutes. Remove the lid and add the yogurt and almonds. Stir 'til all is mixed well. Replace the lid and continue cooking for another 20 minutes or 'til chicken is tender. Serves 4.

HOT PEPPER CHICKEN (China)

- 3½ chicken breasts, skinned, boned and cut in ½ inch pieces
- 4-8 chili peppers, dried or 2 t. crushed red pepper
- 4 oz. roasted peanuts
- 1 t. chopped fresh ginger
- 2 green peppers, chopped into ½ inch pieces

SAUCE:

- ½ T. Worcestershire sauce
- 2 T. soy sauce
- 1 T. wine
- 1 t. sugar
- 1 T. cornstarch
- 1 t. sesame oil



Marinate the chicken pieces in 1 T. soy sauce and 1½ T. cornstarch for 30 minutes. While this is marinating, mix the sauce ingredients. Heat 2 T. oil in a wok or large electric frying pan; when very hot quickly stir fry the chicken for a short time, about 1 minute. Remove the chicken and set aside. Heat 2 T. oil in the wok and brown the chili peppers, add the ginger, green pepper, and chicken. Then add the sauce and peanuts, stirring for a short time.

WALNUT PIE (Greece)

- 1 c. sugar
- ½ c. butter
- 3 eggs
- ½ c. milk
- 1½ c. all purpose flour
- 2 t. baking powder
- 1½ c. chopped walnuts
- 1 t. vanilla extract

Cream together the sugar and butter. Add the eggs and the milk. Sift together the flour and the baking powder and add to the above mixture. Also stir in the walnuts and vanilla. Pour the mixture into a greased baking pan (best to use a springform pan). Bake at 350 degrees for 1 hour. Syrup: prepare this while the pie is cooling. Boil together 2 c. sugar and 1 c. water. Pour this hot syrup over the cooled pie.

GAZPACHO (Spain)

- 3-4 tomatoes, very ripe and unpeeled
- 1 cucumber, peel if waxed
- ½ red or green pepper
- 1 egg (optional)
- 1 c. bread crumbs
- ¾ c. vegetable oil
- 2-3 cloves garlic
- 2 T. vinegar or lemon juice
- 1 t. salt
- ¼ c. water

Wet the bread crumbs in the water and vinegar. Drain off the excess liquid. Add this and all other ingredients together and mix them very well in a blender to liquify. Serve cold.

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SPINACH BOREK (Turkey)

1 lb. package filo pastry

½ c. olive oil

½ c. chopped onion

1½ lbs. fresh spinach

3 eggs

1 t. each black pepper and salt

Sprinkle spinach with some salt and squeeze out excess water. Chop washed spinach leaves into bite-size pieces. In large saucepan saute onions slightly. Add spinach, salt and pepper. Cook 'til tender. Beat eggs and oil together. Place 2 sheets of filo into a greased pan. Brush egg/oil mixture over this layer. Repeat this process until ½ of the filo is used; then spread the spinach mixture over evenly. Continue with the filo in the same way as before until all is used. Butter the top carefully. Bake at 350 degrees for about 30 minutes or 'til golden brown.

NASI GORENG (Fried Rice) (India)

4 c. cooked white rice

¼ lb. boneless chicken breast

¼ lb. fresh shrimp

2 eggs, beaten

½ med. onion

garlic, salt and white pepper to taste

1 T. ketchup

1 T. soy sauce

2 T. margarine

Cut the chicken into small pieces. Peel and devein the shrimp. Chop the onion. Put margarine in a frying pan over medium heat. Saute chicken and shrimp in melted margarine 'til light brown. Add chopped onion, garlic, salt and pepper. Stir. Add the beaten eggs. Stir until the eggs are scrambled. Turn heat low and add cooked rice, soy sauce and ketchup. Mix together. Turn heat to medium and cook stirring occasionally, until the rice is brown. Serves 4-5.

IRISH WHISKEY CREAM CHIFFON DESERT (Ireland)

7 egg yolks

¾ c. sugar

1½ t. grated lemon peel

1/3 c. fresh lemon juice

1 T. sugar

lemon or lime peel strips

1½ T. unflavored gelatin

¼ c. plus 2 T. water

1/3-1/2 c. Irish whiskey

2 egg whites

1 c. whipping cream, whipped

Beat egg yolks in medium bowl, adding the ¾ c. sugar gradually, until thick and lemon colored. Beat in lemon peel and juice. Sprinkle gelatin over cold water; let stand 2 minutes. Dissolve over low heat; cool to lukewarm. Add to egg yolk mixture. Add whiskey. Beat egg whites in small bowl 'til the mixture forms soft peaks. Add the 1 T sugar and beat 'til stiff and glossy, fold into the yolk mixture. Fold in the whipped cream. Pour into serving bowl and refrigerate 'til firm, approx. 4 hours. Garnish with the lemon strips.

EMPANADAS de HORNO (Chile)

FILLING:

½ lb. grd. round

2 T. olive oil

1 c. finely chopped onion

½ t. each cumin and paprika

1 t. salt

¼ t. cayenne

¼ t. black pepper

2 hard boiled eggs, sliced

12 black olives

2-3 T. raisins

2 T. flour

1 c. water

Saute onion in the olive oil 'til soft, then add and brown the meat. Do not overcook. Add the flour and the water, mix in the spices and let simmer for 10 minutes. Let cool while you make pastry (recipe below). Filling is best if refrigerated overnight. Mix in the raisins. Use one black olive and one egg slice for each filling portion.

PASTRY:

3¼ c. all purpose flour

¼ lb. lard, at room temperature

1 c. milk brine, milk heated with ½ t. salt

2 egg yolks

2 egg whites, beaten with a little water

Using a large mixing bowl, sift the flour into it and make a hole in the center. Add and cut in the lard until the consistency of coarse meal. Form a ring with the dough and add the milk brine and the yolks. Mix well. Do not knead. Divide the dough into 12 equal pieces. Roll each portion to ⅛ inch thickness and put 2 T filling in the center. Add a slice of egg and an olive to each and form a turnover. Preheat the oven to 425 degrees. Place the pies on a cookie sheet and pierce with a fork on top. Brush with the beaten egg whites. Bake for 20-25 minutes. □



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INTERNATIONAL MESSAGE



by Linda Jacobson
SMC 2337

As distinct pleasure of duty at the Naval Postgraduate School is the opportunity to act as a goodwill ambassador for our country through the International Committee. This fascinating experience is open to couples and bachelors alike. It isn't necessary to speak a second language, but simply to have a sincere interest in becoming part of the International scene at NPS. The duties are few and the rewards are countless.

The International Committee began in 1963 with a wife-to-wife concept and has evolved into its present form of family sponsors for each international officer. Being a sponsor is a most rewarding relationship and presents a rare opportunity that should not be missed. How fortunate we are to have this occasion to build an enduring friendship with someone from another land!

A sponsor's first contact with his international should be to greet the arriving officer and his family at Monterey Airport. For the international to experience a sincere and warm welcome from a friend from a strange land makes the occasion especially memorable. Normally there will be people from the respective

country to greet the arriving student and to take him to his temporary quarters after the initial meeting with the American sponsors.

Within a few days or weeks or whenever the international feels that he needs assistance, the sponsor may help him find a place to live, purchase a car or help him to register his children in school. He may also like someone to acquaint him with the Monterey area, exchange, commissary and medical facilities.

The sponsor should be a special friend whom the international feels free to ask for help with any problems. The sponsor should also encourage the international's independence, encourage him to participate in section activities and help him to broaden his social contacts. He should also acquaint him with our country and with our way of life.

After the initial settling in period, the joy of discovery begins. There is so much information to be gotten and insight to be gained from these very special foreign officers and their families. They want to know all about our land and in return we Americans learn about theirs. It is truly a wonderful experience for adults and children alike to learn about each other's customs, culture, religion, foods, etc.

The International Committee provides many things for the American sponsor and his international friends to do together. There are quarterly graduation parties, picnics, rodeos, baseball and football games, trips, women's coffees and a children's Christmas party, to name a few. The highlight of the year is International Day and Night in April. During the day, each country displays typical products and food samples. The evening event offers a stage production of folk dancing and music.

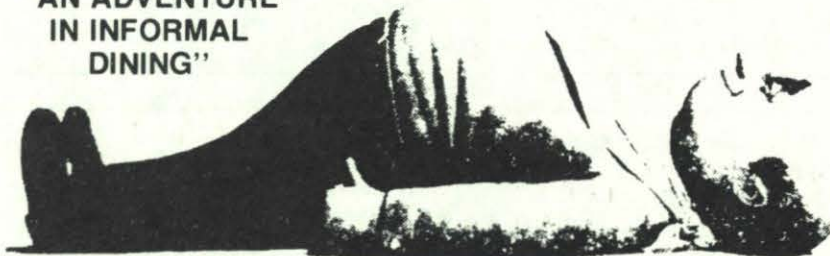
The International Committee appreciates the continuous assistance of Cdr. Dick McGonigal, the International Education Coordinator. His office is in Root Hall, and he is always available to help solve any problem. International students are encouraged to call on him at any time.



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COMING EVENTS

International Farewell Party
March 14

International Day
April 19

International Wives' Welcome Coffee
May 6

San Francisco Bus Trip
May 23 □

March 6, 1921: Film premiere of Rudolph Valentino's, "The Four Horsemen of the Apocalypse." Valentino never learned to pronounce the last word. □

March 8, 1926: Douglas Fairbanks used the new Technicolor process for "The Black Pirate" and also wrote the script using the name, Elton Thomas. □

March 20, 1914: Versatile actor, King Baggott, plays 10 characters in "Shadows" — He's a Chinese servant, villain, policeman, merchant, prostitute, jailer, detective, uncle, and both a mother and her son. □



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If you are interested in sponsoring an international officer, please fill in the information below and return to SMC #2295.

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SERVICES: _____ Rank _____ CURRICULUM: _____ ETD: _____

We hope you decide to join us. You're going to have a great time!



"The World in Harmony" International Day 1980

by Linda Jacobson

Have you ever been to Venezuela, Indonesia or Turkey? How much do you know about these countries? Those of us in the military often have a chance to visit a few foreign countries, but how about 20 or more? You can absorb the sights and sounds of some 20 countries at the annual International Day on Saturday, April 19, 1980 at King Hall. The NPS International Committee cordially invites all faculty, staff, students and families to a whirlwind round-the-world tour. The "tour package" includes afternoon displays (admission free) and the traditional evening performance for a modest fee.

A "walking tour" takes place outside King Hall in the afternoon from 1 p.m. to 3 p.m. Colorful displays include crafts, artifacts and delicious food indigenous to each country. As you wind your way through the exhibits, you'll be warmly greeted by internationals in native costumes — all eager to tell you about their homelands.

The evening tour takes you on a breathtaking, panoramic trip around the world via color slides, films, music,

songs, dances and skits presented by the international students and their families. A stirring parade of national banners and swirling colors climaxes the evening, symbolizing world unity and good will.

Who are these well-qualified tour guides? They are your fellow classmates at NPS! Approximately 18 percent of the students are citizens of countries other than the United States. The annual International Day displays and programs are their way of showing us who they are. This is a fantastic opportunity for us to learn about other cultures and to get to know the people themselves.

"The World in Harmony" has been chosen as the theme this year, exemplifying the spirit of brotherhood which pervades the gala affair. Many, many hours of preparations begin months in advance of International Day. The able co-directors this year are Capt. Richard Weber, Australia, and Ms. Donna DiLoreto, United States.

Tickets for the evening program are \$4.00 for orchestra seats and \$3.00 for general admission with all seats reserved. Tickets will be sold near the Student Mail Center in Herrmann Hall from 11 a.m. to 1 p.m. on April 1, 2, 3, 4 and again on April 7, 8, 9, 10, and 11. There will be no exchanges and no refunds on tickets. All ticket sales will be final. Invite your friends, purchase your tickets early and join us at King Hall on April 19 for an exciting and enjoyable experience. □



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SCHOOL INFORMATION



The Monterey Peninsula has an excellent school system. The regular educational program includes:

Elementary: Kindergarten through Grade 6.

Junior High School: Grades 7-8-9.

High School: Grades 10-11-12.

There are special education classes available for the mentally retarded, visually handicapped, the mentally gifted and aphasic students.

The schools for the La Mesa housing area are: La Mesa Elementary School, Walter Colton Junior High and Monterey High School. The staffs of these schools are familiar with the problems of the Navy dependents and make every effort to help the children adjust to the new school system.

Textbooks and other supplies are provided for all grade levels with the exception of gymnasium clothing in grades 7-12. School buses provide transportation to the junior high and high schools. Hot lunches are served daily in the cafeterias. At La Mesa the charge is 50

cents per meal. A single ticket for 5 meals is available on a weekly basis for a charge of \$2.50. A 20-meal monthly ticket can be purchased for \$10.00. Although the plans are called, respectively, weekly and monthly tickets, each ticket is good for the designated number of meals, regardless of the time period over which it is used. Visiting adults may eat in the cafeterias for a fee of \$1.00. For those who bring their lunches, milk is available for 10 cents.

At the junior high, lunches cost 60 cents, and for high school students they are 60 cents. Milk is 10 cents at both, and lunch tickets are also available.

The school year for La Mesa Elementary has been changed from that of the other city schools to coincide with the Postgraduate School year. A child must be five years old by December 2nd to enter kindergarten. Verification of birthday is required. All new students must present immunization records. Children must be up-to-date on DPT, polio and measles (rubella) and mumps

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immunizations. California has recently passed a law requiring physical examinations for ALL children entering the first grade. Your children will be excluded from school if the above requirements are not met. Forms for the examination can be obtained from the school office at the time of registration if your child has already had a physical from a previous school, it should be brought with you on the first day. Arrangements for these physicals may be made through the Army Medical Clinic at the Presidio.

Report cards from the previous school year are helpful in class assignments.

Registration for junior high and high school may be completed at any time during school hours. Immunization records must be presented at the time of registration. Report cards from the previous school year should be brought in order to select those classes needed to meet graduation requirements. Information on bus stops and times can be obtained from the offices.

The school system offers parents the opportunity to participate in the instruction of the students by volunteer work as teacher aides, library attendants and office helpers. Contact the offices for further information.

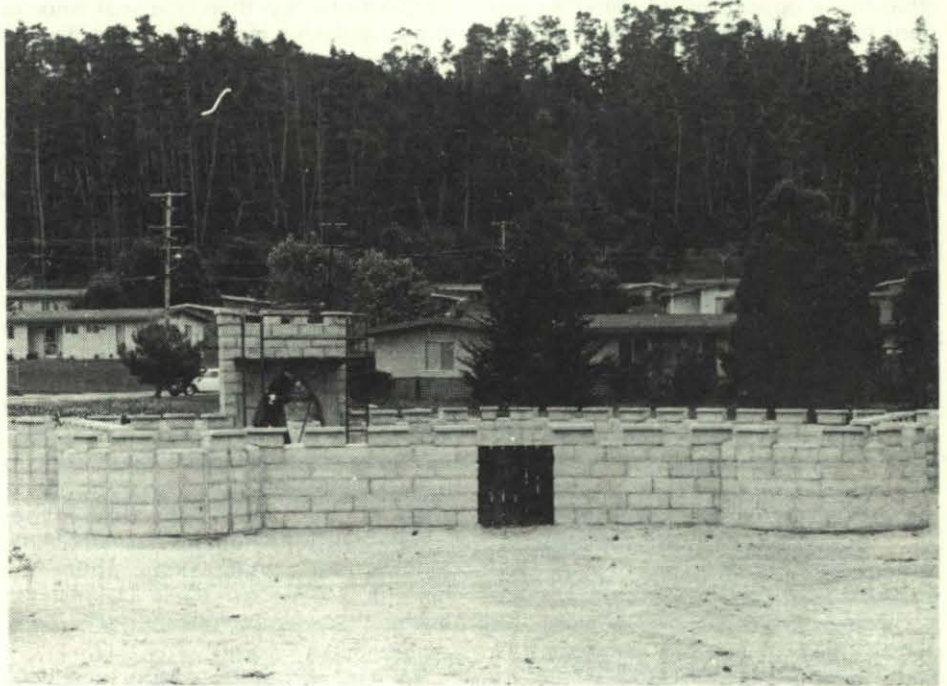
La Mesa School: 649-7474 or 7475.

Walter Colton Junior High: 649-7175.

Monterey High School: 649-7482.

Monterey Peninsula Unified School District: 649-7011. □

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Adult Educational Opportunities

Residents of the Monterey Peninsula are fortunate to have a wealth of low-cost educational opportunities. Whether you want to start working on a business administration degree or learn the fine art of foot massage, you can find the appropriate classes here.

The Monterey Peninsula College is a public community college located conveniently near NPS at 980 Fremont. It is accredited to confer the degrees of Associate in Arts in the liberal arts area and Associate in Science in the science, technical or vocational fields. Students may also earn a Certificate of Achievement upon completion of programs in designated vocational areas. Courses are also offered in preparation for transfer to a four-year college or university or for personal or professional growth.

A wide variety of subjects are taught. Major areas of study include business, art, engineering, home economics, music, history, biology, physics and many others. Classes such as ornamental horticulture, cat care, and spinning and dyeing make it possible for anyone to find something of interest to take.

There is no tuition for residents of

California. Active duty military personnel and their dependents who have resided in California less than one year prior to the first day of classes are classified as residents for tuition purposes. However, after one year the legal residence must have been changed to California in order to maintain resident status. Non-resident tuition is \$46 per unit. Questions regarding resident status should be referred to the registrar's office, 649-1150, Ext. 210 or 211.

Throughout the year MPC Community Services offer a wide variety of events such as plays, films, concerts, lectures and other performing arts programs for both students and the general public. Special seminars, workshops and short courses are also sponsored by Community Services. Examples of these courses include a transactional analysis workshop, karate, movement exploration, gymnastics for children, stained glass, quilting and woodfinishing. There is a nominal charge for these classes. For further information call the MPC Community Services office, 373-5522.

An information newspaper and class schedule is published before each ses-



sion at MPC and is distributed throughout the community. Catalogs are available at the bookstore on campus and also in the campus library. More detailed information concerning admission and registration can be obtained at the admissions office.

Adult courses are available through the adult school programs of Carmel, Pacific Grove and Monterey school districts, offering many general interest courses at a nominal fee. Call Carmel Adult School 624-1714, Pacific Grove Adult School, 373-4951, or Monterey Adult School, 649-7386.

Craft, general interest and sports classes are also offered by the City of Monterey Parks and Recreation Department. Information is distributed periodically or more information may be obtained by calling 372-8121, ext. 281.

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Offering BA and MA degrees in Chinese, French, German, Japanese, Russian and Hispanic Studies, International Economics and Studies. MA programs in Comparative Literature, Education and Inter-Cultural Communication. They also offer ESL programs, credential programs for teacher preparation and Master of International Business Administration and Master of International Public Administration. Contact for information:

Ruth Frasier, office 649-3113 ext. 71, home 624-7736; George Dietterle, 649-3113 ext. 71, home 375-1705.

Universities offering local classes at Fort Ord, Education Office, call for further information, 242-6696 and 6314.

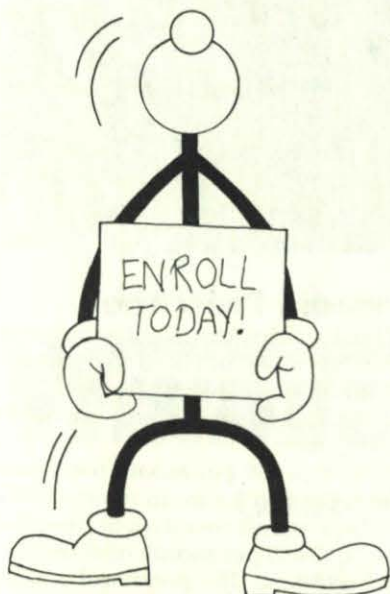
Hartnell College (2 year college in Salinas). Bldg. 1462, 242-6307 or 899-1822.

Free for California residents. Vocational Technical Education offering vocational certificates and Associate of Arts degrees in Automotive Technology, Construction Technology Electronics, Welding and Drafting.

Pepperdine College, Bldg. 1006, 394-4513, MWF 10 to 1, TT 8 to 11. Masters in Human Resources Management.

Chapman College, (Orange, Ca.). Bldg. 1634, 899-4164. BS in Government, Health Science, History, Psychology, Social Sciences, Social Work and Sociology. MS in Education, Career Counselling, Clinical/Community Psychology.

Golden Gate College (San Francisco). Bldg. 1006, 394-7959. BS and MS in Business, Administration of Justice and Public Administration. □



What do we do?

Attempting to plot a financial plan himself, the average person makes separate, unrelated decisions over the years, with no regard to an overall financial strategy or long range plan. Being heavily involved in a career, one cannot keep current on changing tax laws, government benefit and financial products. With the variables of today — and the uncertainty of tomorrow — it is not surprising that such “do it yourself” attempts bring only moderate results and personal disappointment. The sensitive person recognizes that he neither knows all the financial alternatives today nor has sufficient time to become acquainted with them. Rather, he typically seeks different specialists — each proficient in his own area — and winds up with a haphazard, independently developed financial plan that may even be directed toward divergent, competing goals.

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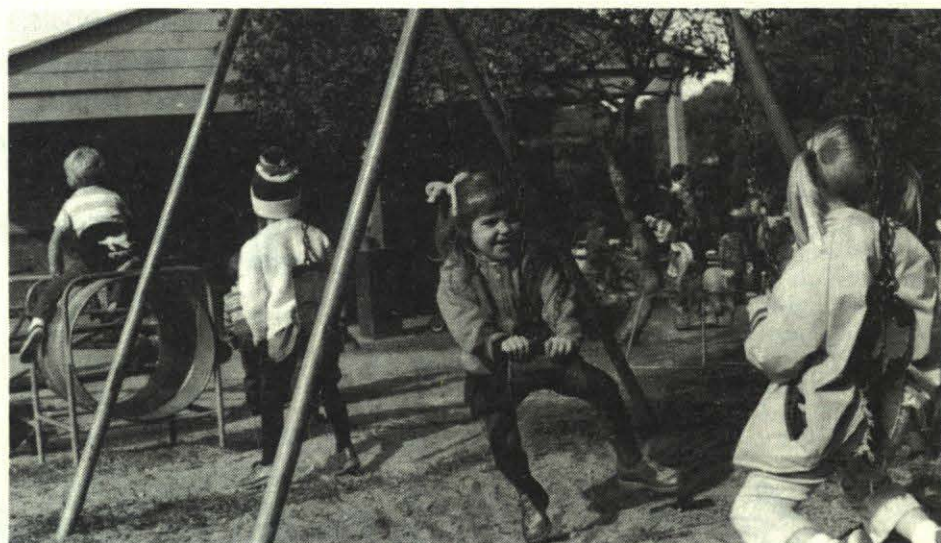
Navy Nursery School

The Navy Nursery School Association is a nonprofit, nonsectarian preschool for three-to-five-year-old toilet-trained children of students and faculty of the Naval Postgraduate School. The school is located in the NPS Annex, Building 25, also known as Fleet Numerical Weather Central, on Airport Road in Monterey (three blocks from the Monterey Fairgrounds).

Our school's program is designed to develop the child's practical, social, sensorial and intellectual skills through activities that include painting, crafts, music, nature study, dramatic play, housekeeping, stories and outdoor play. Two schedules are available: Tuesday / Thursday and Monday / Wednesday / Friday. The instructional program is from 9 a.m. to noon; however, to facilitate fathers' schedules at NPS, children may be left any time after 8:45 a.m. and picked up before 12:15 p.m. at no additional charge. The tuition is \$18.00 for two days a week and \$27.00 for the three-day program, plus a \$5.00 registration for your child.

We are extremely proud of our school, its faculty, its atmosphere and its facilities. We invite you and your pre-schooler to join us. Current officers are: President, Karen Nicholson;

Vice-president, Kent Bien; Corresponding secretary, Sally Schneider; Recording Secretary, Lettie Ford; and Membership Chairman, Madelyn Reitz. Director of the School is Vernes Fowler, 375-7562. □



NPS PRESCHOOL

The NPS Preschool is conveniently located in Building 238 on NPS's grounds. Its services are available for three to five-year-old children of all military personnel, civil service (GS-11 and above) personnel stationed at the Postgraduate School and foreign students.

The NPS Youth Training Program holds morning sessions from 9:30 a.m.-noon, as well as afternoon sessions from 1-3:30 p.m. By providing an environment of both structured and unstructured activities such as coloring, crafts, stories, educational games, music and outdoor play, the program strives to improve the child's perceptual, reasoning and language skills. The four-year-olds program provides a warm and relaxed atmosphere for beginning phonetics and reading readiness.

Classes for the three-year-olds are available on Tues. and Thurs. while Mon., Wed. and Fri. sessions accommodate the four-year-olds. Tuition is \$25 per month for the Tues. and Thurs. session and \$35 per month for the Mon., Wed. and Fri. session. The regular class schedule runs from September to mid-June with a maximum enrollment per individual class of 12 students. Further information may be obtained by calling the director, Miriam V. Mull, at 646-2734. □

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Presidio Preschool

The Presidio Preschool offers a program developed by Lorraine Phillips. The school accepts children 2 years 9 months old through 5 years. There is currently a waiting list.

Tuition is \$50 per month for 5 classes per week from 9 a.m. to noon. Children may also attend two days per week at a cost of \$26.50 per month or three days a week at \$36.50. The preschool is located in Building 234 on Infantry Street. For more information call Sharon Coine, 373-2346. □

CAMP FIRE

Camp Fire is offering traditional club programs to girls and boys grades 1-12. We have an active Blue Bird club at La Mesa (grade 1-3). Call Pat Fauquet, 372-5648. For information on Adventure clubs (grade 4-6) call Jackie Collins 372-0700 or 424-5769. Camp Fire offers also an extensive Day Camp program at Camp Chaneya, located between Monterey and Salinas.

Adults interested in serving youths and the community may become part of Camp Fire Administration Volunteer Staff helping with training, organizing, consulting, programs, outdoor education and committee work. □

Cub Scouts

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IN INFLUENCING THE
SPIRITUAL, MENTAL AND
PHYSICAL GROWTH OF THE
YOUNG MEN OF OUR COMMUNITY?**

**ARE YOU INTERESTED
IN CUB SCOUTING?**

If you have boys between the ages of 8-10, or who have completed second grade; or if you are interested in working with boys of that age and are willing to take the time to help lead these young men, please contact:

Jim Bloomer, Cubmaster373-6211
Alan Riggs, Membership Chairman

.....646-9986

Paulette Borden, Den Leader Coach

.....646-1981 □

Girl Scouts

Girl Scouting is well represented in La Mesa. There are currently four Brownie troops (grade 1-3), two junior troops (4-6 grade) and a cadette troop (junior high). There is currently no senior troop in La Mesa but residents are invited to join other senior troops in the area. Troop leaders are urgently needed. For troop placement or information on becoming a leader call Mrs. Green, 372-8048. □

Boy Scouts

Boy Scouts meet at La Mesa School on a weekly basis. The scouts usually have one camp out per month and the troops are very active in area scouting functions. New scouts and/or parent participation are welcomed. Please call LCDR Kelleher at 373-3973 for information. □

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POM — Arts and Crafts

Presidio of Monterey Arts and Crafts Center is offering the following classes to all students and their wives of NPS as well as civilian employees. Call 242-8326 for more information or come to the crafts shop (Bldg. 141) inside Lighthouse gate.

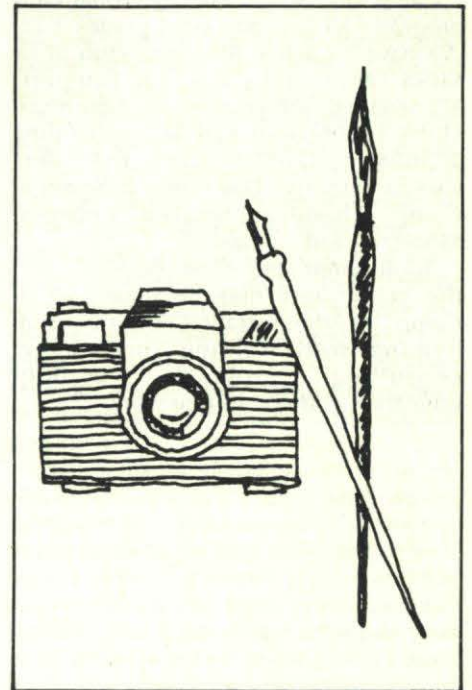
AIRBRUSH TECHNIQUES — One session workshops are being offered on Sun. 1:00 p.m., 3 Feb., Wed. 6:30 p.m., 5 Mar. & Wed. 6:30 p.m., 16 Apr. Participants will learn to set up, use and care for the airbrush as well as produce several unique and beautiful paintings (one on a shirt). Bring a light colored shirt or blouse to class. A fee of \$2.00 is required payable in advance. Class size is limited to 6 students.

JEWELRY & LAPIDARY CLASSES — Classes are held on Wed. 6:30 p.m., Fri. 6:30 p.m., and Sun. 1:30 p.m. Participants learn basic techniques of working with silver by making a wax model of a ring, a pair of earrings or a pendant, and in lapidary participants learn cutting, grinding, sanding and polishing a stone that can be used for mounting in a ring or pendant. A class fee of \$3.00 is required.

CERAMICS POURING — This is an orientation type class held to familiarize participants with the basic techniques of low fire ceramics mold castings. It is required for each new participant and recommended for those who have been away from ceramics casting. Materials can be purchased at crafts shop sales store. A \$.50 fee is required.

LEATHER CLASS — This class will introduce you to the traditional method of using leather stamps for making designs on belts, handbags, visors, etc. Necessary leather and tools are available at crafts sales store.

PAINTING CLASSES — One session workshops in oil painting using brush and painting knife techniques are available. You will complete a beautiful painting in each workshop and learn many valuable skills in using oil on canvas. Class sessions are Wed. Feb. 20, 6:00 p.m. "Snowy Mountains", Sun., Mar. 23, 1:00 p.m. "Seascape" & Sun., 13 Apr. 1:00 p.m. "Cannery Row", Sunday, 4 May, 1:00 p.m., "Sunset Seascape". A fee of \$4.00 is required to cover class costs and a canvas.



PHOTOGRAPHY — A 3 session class in learning to use your camera, developing film through enlarging, printing and finishing of the final photograph. Participants are required to bring their own exposed black and white film. A \$5 fee is required payable in advance. Classes begin Saturdays, 2:00 p.m., on 3 Feb. thru 23 Feb.; 8 Mar. thru 22 Mar.; 25 Apr. thru 19 Apr.

STAINED GLASS CLASS — is beginning 26 March, Wed. 7:00 p.m. for 8 sessions. Participants will learn all the basics for making a window or any other project of their choice and will complete one project. A fee of \$15.00 is required in advance. Class size is limited to 12 students. Stained glass and other tools are available at crafts sales store.

MACRAMÉ CLASS — This class will provide the student with basic instruction in knot tying. A completed project will be a hanging planter. This class is 3 sessions beginning 14 Feb. thru 28 Feb. Thurs. 7:00 p.m. and 13 Mar. thru 27 Mar., Thurs., 7:00 p.m. A fee of \$3.00 is required.

WOOD — Wood instruction is given in the use of all woodworking equipment. Learn to build bookcases, tables, cabinets, etc. Wood is available at wood sales store. A fee of \$.50 is required for use of wood shop. □



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YMCA

One commodity that parents — especially fathers — never seem to have enough of is time, so it's important that father-child experiences be as fulfilling as possible. The YMCA has two programs that are excellent, and fathers living in La Mesa or elsewhere on the Peninsula should consider learning more about them.

The Y-Indian Princess program enables fathers and their daughters, usually 6 to 8 years of age, to participate together in a variety of activities that nurture mutual understanding, love and respect. The program is carried on with a maximum of freedom, giving girls a chance to develop their own initiative with the help and guidance of their dads.

The Y-Indian Guides is a national father and son club program, sponsored by the Monterey Peninsula YMCA. It is a program in which fathers and sons participate together as big and little braves in small units known as "tribes." The Y believes that comradeship of father and son has mutual advantages that strengthen the family and enrich the community.

For further information call the YMCA, 373-4166. □



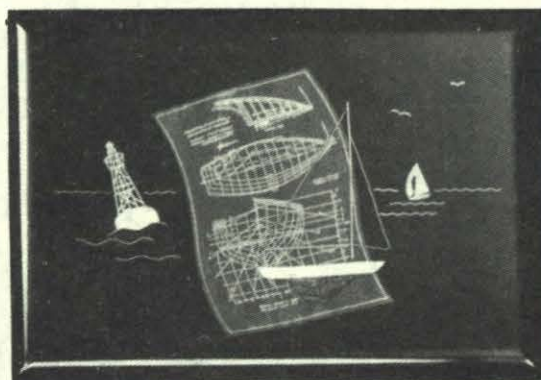
VETERINARY CLINIC

Shots for dogs and cats are offered at minimal fees at the Animal Disease and Prevention Control Facility at Ft. Ord. Rabies and DHLPP shots are given to dogs while cats are given rabies and distemper shots.

The clinic is located in Building 3144 at the corner of Fifth St. and Ninth Ave. Clinic hours are from 8:00-11:00 a.m., for appointments, on Mondays and Wednesdays, and also from 1:00-4:00 p.m. Call for appointments between 8:00-11:00 a.m. at 242-4994. They also have a pet adoption program on Tuesdays and Thursdays from 8:00-11:00 a.m. and 1:00-4:00 p.m. No appointments are necessary for the adoption. Children under the age of ten are not allowed in the waiting room. □

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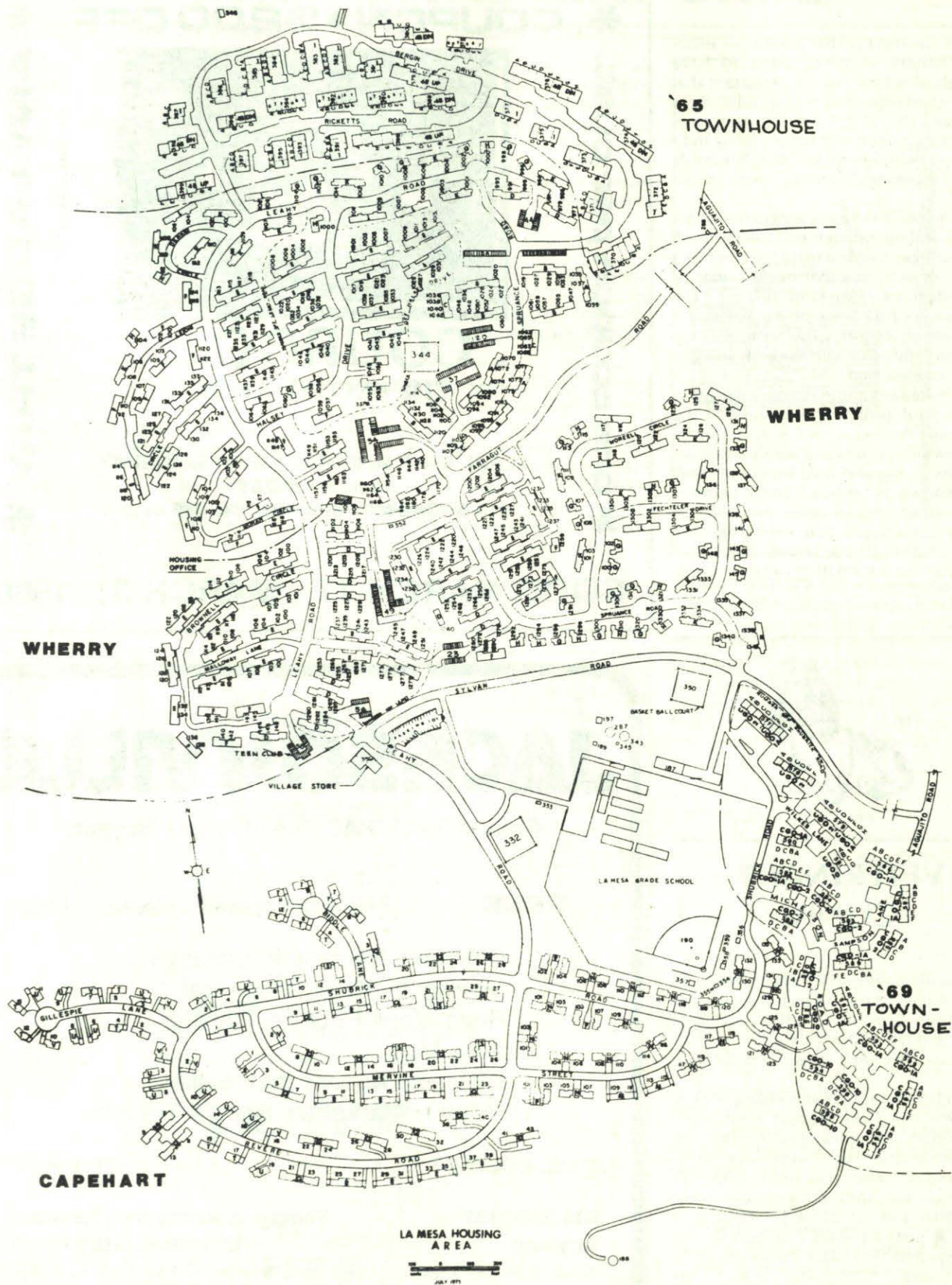
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Housing and the NPS Family

Probably the main concern of the military family upon receipt of orders is the Housing situation at the new duty station. Availability of housing, both military and private, the cost of buying or renting, the location of desirable neighborhoods and schools and so forth are all questions which arise long before the movers arrive.

Naval Postgraduate School students and their families may choose to live in Navy housing, located exclusively in La Mesa Village about a five minute drive from MPS; to buy a home; or to rent on the economy.

Home prices on the Peninsula are high (\$80,000 and up — mostly up). Home prices and rentals vary with the location, of course, but rentals are also on the high side. Keep in mind that the Monterey Peninsula area attracts many tourists and wealthy retirees, so property value and rents continue to rise. Buying real estate is always a wise investment, but it is best to check with local realtors before purchasing a home.

La Mesa Village consists of 877 units of various ages, size, location and design. Sixty-seven percent of NPS student families live in La Mesa Village as well as military faculty members and other military families stationed on the Peninsula. A convenience store, beauty salon, 6 tennis courts, Little League fields and numerous playgrounds are located in La Mesa as well.

Housing designs range from 2 story townhouses, to quarters with 4 bedrooms and baths, a study, to single homes with fireplaces, to quadruplexes and duplexes with all combinations of bedrooms and baths. There are 34 different floor plans in all. Yards range in size from quite large to postage stamp.

According to DOD policy, rank and number of children determine which houses are available to incoming students. The housing office is required to offer incoming students homes with 2 floor plans for which they are eligible. You do not have to accept the first housing unit offered; however, the second offer must be accepted or your name will be removed from the housing waiting list. You may reapply 60 days after being dropped from the waiting list with a new control date, that being the date you reapply. The two housing units offered you will be those units standing vacant the longest in your category.

La Mesa has four housing areas:

1. Wherry Housing, which is the oldest and largest, consisting of 449 units, with square footage from 811 to 1622 square feet. The units are singles, duplexes or

quads, 1 and 2 stories with from 2 to 4 bedrooms (some plus a study) and from 1 to 2 baths. Some units (117) have attached carports, 102 units have fireplaces and all Wherry kitchens have been remodeled and dishwashers installed. There are 17 floor plans to choose from in the Wherry area.

2. Capehart Housing, built in 1963, contains 150 units with 9 different floor plans. The living area ranges from 932 to 1393 square feet with 2 to 4 bedrooms and 1 to 2 baths. All the Capehart homes have attached carports; 38 are single homes with fireplaces, the rest are duplexes.

All Wherry and Capehart units have medium to large lawns and are surrounded by lots of green, open areas.

3. Funded Townhouses (Bergin Drive and Ricketts Road), built in 1965, have from 3 to 8 units per building. All but 122 of the 160 units are two-story, all have 3 bedrooms and from 1 plus 2 half-baths to 2 baths, but none have carports or fireplaces. Most have small yards. They all have enclosed terraces. The sizes range from 1171 to 1228 square feet. There are 5 floor plans available.

4. Funded Townhouses (Michelson

Road), built in 1969, are also multiple dwellings with 4 to 8 units per building. All are two-story floor plans from 1131 square feet with 2 bedrooms and 1½ baths to 1406 square feet with 4 bedrooms and 2½ baths. Again, none of these have carports, fireplaces and only a few have large yards. There are 118 units with 3 floor plans.

None of the townhouses have built-in dishwashers.

If you have questions about the availability of housing or exactly what floor plans you are qualified for contact the Housing Director, Greg Murphy, 646-2321. □



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"The FORTUNE COOKIE is the best Chinese restaurant we've found and is the first Peninsula restaurant specializing in the Mandarin-Szechwan style of cooking...The menu offers such intriguing dishes as Sizzling Rice Soup, Mu Hsi Pork, and Mongolian Beef which are examples of the flavorful Northern Chinese cuisine — delicious!...Service was excellent...The bill was inexpensive...We heartily recommend this fine Chinese restaurant."

THE CLASSMATE

"The FORTUNE COOKIE Restaurant on Alvarado St. in old Monterey must qualify as a discovery among Peninsula restaurants."

Monterey Peninsula REVIEW

"Authentic Szechwan food on the Monterey Peninsula? Emphatically YES! at The FORTUNE COOKIE RESTAURANT in Monterey. If you've never tried this special cooking (far more flavorful than the better known Cantonese), now you know where to find it."

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Potpourri from the Presidio

by Helene Schaeder

California state law required that children under the age of 18 years show proof of having been adequately immunized against Diphtheria, Tetanus, Whooping Cough, Polio and Measles. The immunization routine at the Presidio of Monterey Health Clinic includes inoculations at 8 weeks, 4 months, 6 months, 18 months, 4-6 years and 14-16 years against Diphtheria, Tetanus, Whooping Cough and Polio. At age 10-12 months a tuberculin skin test is given and at 15 months of age the Measles, Mumps and Rubella vaccines are given.

The immunization clinic hours are 1 pm-3 pm Monday thru Thursday and 1:30-3:00 pm on Friday. Please note that this clinic will be open during the time allotted for the school physicals so be sure to bring the yellow shot record in addition to the school physical form with you to the clinic.

Many times after receiving an immunization, swelling, irritability, fever and soreness at the injection site may occur especially in the younger child. Applying a warm wash cloth to the injection site will help the soreness. For the irritability and/or fever, Tylenol or baby aspirin is given. The rule of thumb dosage is 1 grain

per year of age. For example, a 5 year old would take 2 1/4 teaspoons of Tylenol Elixir, or 5 droppersful or Tylenol drops, or 4 baby aspirin (each tablet is 1 1/4 grains) or 1 adult tylenol tablet or 1 adult aspirin every four hours for a fever 101°F or 38.4°C or higher. If the temperature remains elevated above 101°F 2 hours after giving Tylenol then it is necessary to give the appropriate dose of aspirin every four hours while the temperature is elevated. It is also necessary to give the child additional clear liquids to drink to prevent dehydration. If you find your medicine cabinet lacking Tylenol or aspirin then a room temperature bath for 20 minutes will help to temporarily reduce the fever. At one time, not many years ago, it was the practice to sponge the child with rubbing alcohol to reduce the fever, but this is unsafe due to too rapid lowering of body temperature which could result in a state of shock.

With the Measles, Mumps and Rubella inoculation a rash may occur from 7-21 days after the injection. This rash is not contagious. However, this is an attenuated or live virus vaccine and should not be given to a child if the mother is pregnant or suspects she is pregnant. If

by chance mother doesn't find out she is pregnant until after the child is immunized do not fret because a rubella titer will be drawn when she comes in for her OB orientation class.

When is it necessary for the health care provider to see the child who has a fever?

1. If your baby is under three months of age and the temperature is over 100°F.
2. Seizure activity has occurred.
3. Giving the appropriate dose and frequency of Tylenol/aspirin without lowering the fever.
4. Listlessness
5. Extreme irritability
6. Refusing to nurse/or take bottle feeding.

All in all the main problem in fever control is not having a thermometer to document the course of the fever and not giving adequate and frequent doses of Tylenol/aspirin. □

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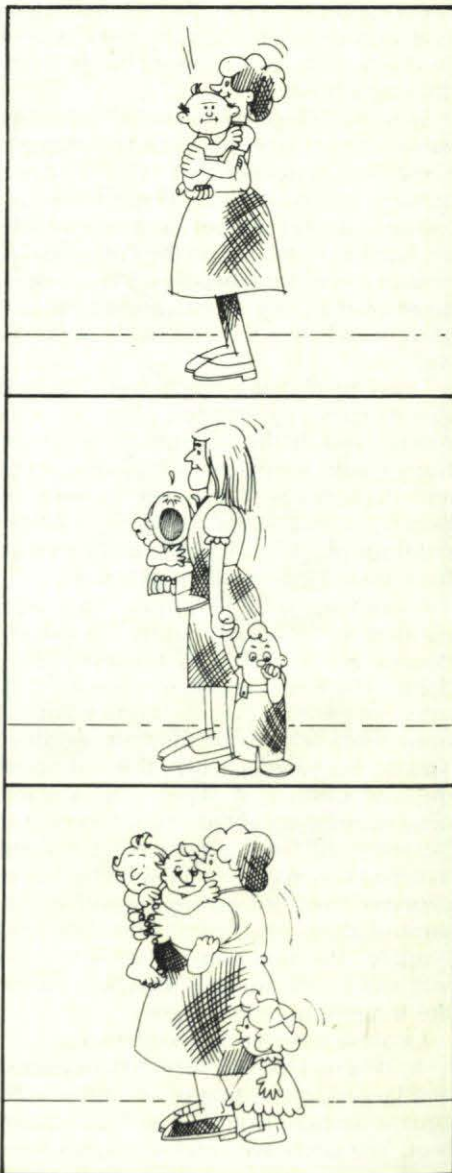
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0-6 months	0.3 cc	½ teaspoon	1 tablet
6-12 months	0.6 cc	¾ teaspoon	1½ tablets
12-18 months	0.9 cc	1 teaspoon	2-2½ tablets
18 mo.-2 yrs.	1.2 cc	1¼ teaspoon	3-3½ tablets
3 years	1.8 cc	1½ teaspoons	4 tablets
4 years	1.8 cc	1½ teaspoons	
5 years	1.8 cc		



Immunization and Well Baby appointment schedule for children at the Presidio of Monterey Health Clinic.

8 weeks: DPT, OPV #1 and well baby appointment

4 months: DPT, OPV #2 and well baby appointment

6 months: DPT, OPV #3 and well baby appointment

10 months: TB skin test and well baby appointment

15 months: MMR and well baby appointment

18 months: DPT, OPV booster only

4-6 years: DPT, OPV booster only

14-16 years: DPT, OPV booster only

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Medical Care

Medical care for all Navy and Marine Corps personnel and their dependents is provided by the Presidio of Monterey Health Clinic, an outpatient facility of Silas B. Hays Army Hospital, Fort Ord. It is located on the Presidio of Monterey in Building 422 off Kit Carson Road. The clinic is open for medical care to eligible beneficiaries five days a week, Monday through Friday, from 7 a.m. to 3:30 p.m.

The Presidio of Monterey Health Clinic operates under the concept of family practice which provides for the whole family the opportunity to receive health care from a primary care physician/nurse team. Under the family practice concept, the physician who provides care to an active duty member also provides care to the member's family.

Active Duty Personnel

Military sick call for active duty personnel is held Monday through Friday from 7 to 8 a.m. only on a walk-in basis. There is no sick call on afternoons, weekends or holidays.

All newly reporting active duty personnel are screened and scheduled for any required booster inoculations according to month of birth. A flier is promulgated according to the individual's month of birth which gives all necessary information relative to updating current physical requirements and immunizations.

Poison Control Center

Normal Duty Hours: Call emergency room — Silas B. Hays Army Hospital (242-7631) or 911 on the civilian line.

Dependent and Retired Care

The Presidio of Monterey Health Clinic provides outpatient medical care through an appointment system for eligible dependents and retirees. Telephone 373-2924 during normal working hours to schedule an appointment.

The Presidio of Monterey Health Clinic provides the following services by appointment system: general medical care, pap smears, follow-up and prescription refills for chronically ill patients, wart clinic, blood pressure checks, prenatal care checks, well baby care and weight control clinic.

Consultations and/or Hospitalization

Consultations and/or hospitalization of dependents is available at the Silas B. Hays Army Hospital, Fort Ord, and the Naval Regional Medical Center, Oakland, California. *The specialty clinics at both facilities operate on an appointment-only basis and require a referral for the initial visit appointment.*

After-Hours Care

The Presidio of Monterey Health Clinic is closed after normal working hours, on weekends and on holidays. Patients who require medical care for acute illness, during these periods, are directed to the emergency room, Silas B. Hays Army Hospital.

X-Ray and Laboratory Services

X-ray and laboratory services are available from 7:30 to noon and 1 to 3:30 during the normal working day. X-ray will be closed after noon each Friday for required maintenance. These services are maintained to assist the Presidio of Monterey Health Clinic physicians in the diagnosis and treatment of their patients. Requests from civilian physicians for X-rays and laboratory procedures will be honored subject to the workload and capability of the health clinic.

Pregnancy tests will be accepted by the laboratory during the hours of 7:30 to 10 a.m. The patient must bring in the morning's first voided urine specimen. Instructions and specimen containers are available at the nursing office.

Inoculations

An appointment is not necessary for immunizations and flu shots. Hours are from 1 to 3 p.m. weekdays except Friday 1:00 to 3:00 p.m. Patients must be prepared to remain for 20 minutes following inoculations. Yellow fever shots will be given only at Fort Ord on Tuesday 1 to 2 p.m.

Emergency Treatment

An emergency is defined as a sudden onset of an illness or injury which to delay treatment could conceivably endanger the life or health of the individual, or cause permanent disability. Emergencies will be treated anytime during normal working hours at the Presidio of Monterey Health Clinic. However, please call the clinic prior to coming in for treatment. This call will enable the medical staff to prepare for your arrival.

After 5:30 hours, all emergencies are directed to the emergency room, Silas B. Hays Army Hospital. A call to the emergency room (242-7631) will help prepare for your arrival.

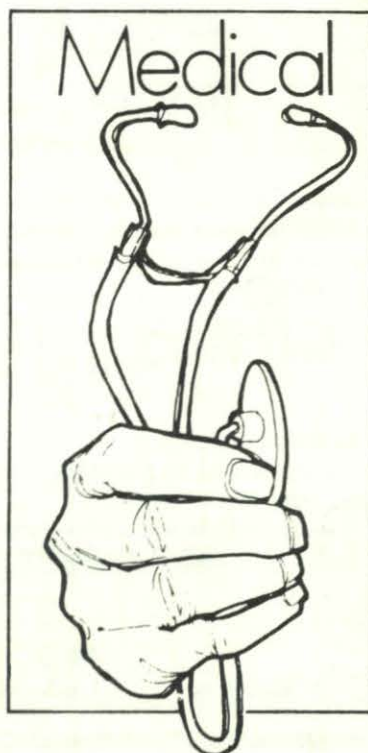
Civilian Outpatient and Inpatient care

Information on the CHAMPUS and health benefits counseling program is available at the Health Benefits Counselor's office, Fort Ord Army Hospital; call 242-5561 for assistance, or call the Naval Medical ADMIN UNIT, 242-8614. CHAMPUS is **not authorized for active duty military members.** Authorized outpatient medical care for military dependents may be obtained directly from civilian sources without reference to any military activity. It is advisable to inquire as to what medical care is authorized and also to seek care from civilian sources that participate in the CHAMPUS program, as CHAMPUS pays reasonable fees only. In the case of outpatient care, a deductible of \$50.00 per individual, or \$100.00 per family, is required each fiscal year. In addition to the deductible amount, active duty dependents pay 20 percent of the remainder of the costs, retired and military dependents, pay 25 percent. Inpatient care for all active duty military dependents, retired personnel and their dependents must be rendered by the Silas B. Hays Army Hospital, Fort Ord. The patient must obtain a non-availability statement prior to seeking pay for the civilian hospitalization. Cost for inpatient care is \$25.00 or \$4.65 per day, whichever is greater.

Ambulance Billing Procedure

Active duty Navy/Marine Corps personnel who receive a bill for ambulance service, or any civilian medical care, must present the bill to the Navy Medical Administrative Unit, Presidio of Monterey Health Clinic, for processing.

Emergency ambulance service for dependents and retired personnel in an authorized benefit under CHAMPUS. Billing for ambulance service may be paid by CHAMPUS after the required deductible has been met.



Military Physical Examinations

Preliminary physical exams (for all USN, MC, CG at the Naval Postgraduate School and DLI) are given at the POM Health Clinic.

The medical officer phase is conducted at the Physical Exam Clinic, SBHAH, Ft. Ord. Non-aviation officers and enlisted personnel are done at 07:30-09:30 on the same day of the preliminary physical. All aviation personnel are done by appointment only. Call 242-5545 for an appointment with the flight surgeon, after preliminary appointment has been made. After preliminary physical, enlisted personnel being separated from the service must check out at the Physical Exam Clinic POM. Call 242-8614 for preliminary appointment. If you can't keep your appointment please call as soon as possible and cancel or be rescheduled. Do not go to Ft. Ord without your preliminary. Wednesday is ladies day only at Ft. Ord.

Naval Medical Administrative Unit Monterey

The Naval Medical Administrative Unit is located in the Presidio of Monterey Health Clinic (242-8614). The unit is a medical administrative activity under the command of the Navy Regional Medical Center, Oakland, California. The officer in charge of the unit is a Navy Medical Service Corps officer. The unit maintains custody of the health records of all active duty Navy/Marine Corps personnel. Navy/Marine Corps personnel reporting to, or detaching from, the Presidio of Monterey or the Naval Postgraduate School and its tenant activities are required to *personally check in and check out their health records*. Check-in/check-out procedures will be processed during normal duty hours, 7 a.m.-3 p.m., Monday through Friday. □

Ambulance Service

La Mesa housing residents dial 911. Residents of the Monterey civilian communities dial 911. Fort Ord residents (242-prefix) 7631. Naval Postgraduate School Campus and Annex Dial 2333. Presidio of Monterey Dial 7-7631.

Pharmacy

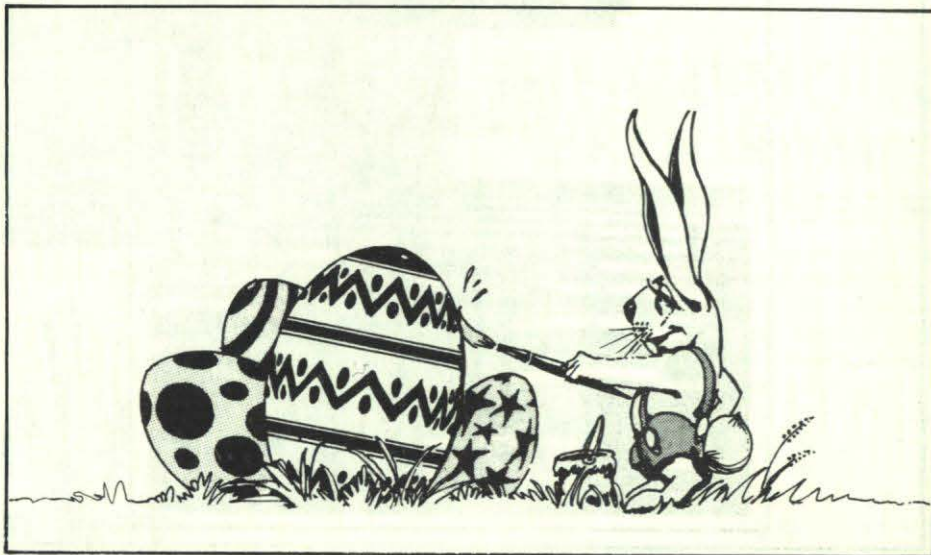
The pharmacy is open to fill prescriptions mornings from 7:15 to 12:15, afternoon 1:15 to 4. The pharmacy service closed after normal working hours, on weekends and on holidays. The pharmacy will accept civilian prescriptions from other medical facilities, only if the drug requested is stocked, and subject to limitations of federal and local policies. Prescriptions from civilian physicians should be written generically, if possible, since no drug substitutions can be made. Prescriptions from civilian physicians and prescription rewrites will be done only on Tuesday and Thursday from 2:30 to 3:30 p.m.

Health Care Consumer Committee

The Health Care Consumer Committee is a group organized to open two-way communications between the consumer (military personnel and their dependents) and the medical facility at the Presidio. Any complaints, suggestions, questions or praise concerning care and treatment at the Presidio Health Care Clinic are welcome. Letters may be sent to Cindy Cook (SMC 2137) or Barbara Barron (Code #03). Please be specific, give names and dates if possible, and sign your name and address so you may be contacted if necessary. □

Release of Health Care Records to Individuals Other Than the Patient Concerned

Health care information of records shall be released to authorized representatives of the individual, or his court appointed representative. When a sponsor or spouse wishes to pick up the health care record of any other adult member of their family, they must present a written request and the Identification and Privilege Card from that member before the health care records will be given to them.



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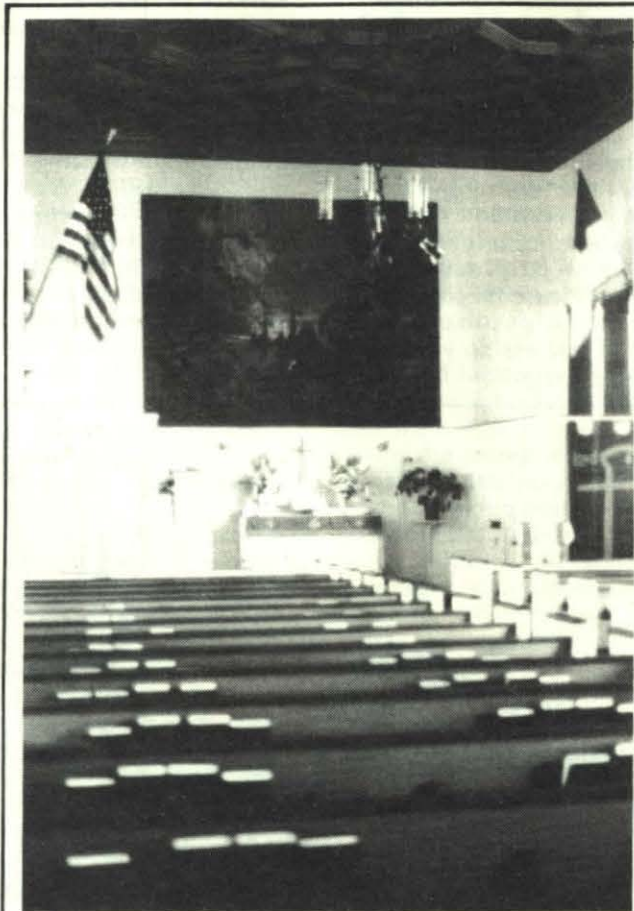
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The Protestant Program

CDR John A. Piirto, CHC, USN, is the Protestant Chaplain. His office is on the first floor of Herrmann Hall near the Quarterdeck. The phone number is 646-2241.

Duty at the Naval Postgraduate School may well be one of the most unique experiences of a military career. It is a time when families are closer together and yet farther apart; when husbands are more continually at home and yet more consistently working. This is a time for families to include among their activities a time for replenishing the needs of the soul with the worship services on Sunday and with the other resources of spiritual nourishment.

At the entrance to the chapel is the dedication plaque which expresses the purpose and mission of the Protestant Chapel Program: "Now it is because we are aware of the importance and reality of things unseen, of faith in God, hope for tomorrow and the love of all men, that we have set aside a portion of this building for religious worship. In that spirit, we dedicate this Chapel to the services of God and the spiritual good of all who shall worship here."

The Protestant Chapel is located adjacent to the main lobby of the Administration Building, Herrmann Hall. All personnel, dependents and friends are invited to join in the Services of Divine Worship and to participate in the religious activities of the Chapel family. Worship services are conducted each Sunday at 9:30 and 11 a.m. in the Herrmann Hall Chapel. Holy communion is offered the first Sunday of each month. There is also a Sunday Fellowship that meets at 7 p.m.

During the morning worship the choir sings for both services. Rehearsals for choir are held on Tuesday evenings at 7:30 in the chapel.

For youngsters six months to two years, the Chapel utilizes the competently staffed Child Care Center in Building 238 during both Sunday morning services. There is no charge and reservations are not necessary.

The Sunday School, with classes for all age groups from two years (when "trained") through adult education, is located on the second deck of Root Hall and meets concurrently with the two Sunday morning services. Registration may be made on Sunday morning at either hour.

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THE JEWISH PROGRAM

The Jewish Chapel Program is conducted at nearby Fort Ord. Services are held on Fridays at 8 p.m. at the Family Life Center which is located at the corner of Tenth Street and Third Avenue. For more information call 242-3285. □

THE CATHOLIC PROGRAM

The Catholic Chapel Community of the Naval Postgraduate School extends warmest personal greetings to all readers of *Classmate*. All students, faculty, staff members and their families are welcome to participate in the Catholic programs.

The chapel is adjacent to the Bookstore, near the pool, and the main Exchange. The office of the chaplain is in Herrmann Hall, Room 127A, telephone 646-2242. Fr. Frank D. Mintjal is the NPS Catholic Chaplain.

The weekend Mass schedule begins on Saturday afternoon with a 5:15 p.m. Mass which satisfies the Sunday obligation. On Sunday mornings the Masses are celebrated at 9:00 and 11:00 a.m. Daily Mass, Monday through Friday, begins at 12:15 p.m. Holy Day Masses are offered at 12:15 and 5:15 p.m.

The private rite of Reconciliation (Confession) is scheduled before weekend Masses.

While parents are participating at any weekend Mass, free nursery services are provided at the Child Care Center, Bldg. 238 (please, ½ to 3-year-olds). A "cry room" is likewise available at the chapel. Also, from October through May, preschool religion classes for three to five year old children are offered at the Child Care Center during the weekend Masses.

Religion classes for grades 1-8 are taught in La Mesa Village homes each Monday afternoon, and the Catholic Youth Group (grades 9-12) meets every other Sunday at 7:00 p.m.

Fellowship Room, October through May.

Prebaptism classes for parents and godparents are held the 1st Monday of each month at 7:00 p.m. in the Fellowship Room, and teachings about adult religious renewal are given each Tuesday evening at 7:30 p.m. in the same room. Each Tuesday at 8:00 p.m. there is a Prayer Meeting and Eucharist.

Praise God! Welcome! □



Recreational Facilities and Athletic Programs

Athletic Programs

The sports program at NPS includes the following: basketball, softball, "socko", softball, squash, rugby soccer, volleyball, swimming, tennis, table tennis, touch football, badminton, lacrosse, handball, bowling, golf, cross country running, little league, karate and other competitive sports. Anyone interested in intramural and varsity sports is urged to contact the Sports Supervisor, 646-2497.

Gymnasium-Gear Issue Room

There is a gymnasium in Bldg. 239, the facilities of which are available to all eligible personnel. In addition, there are two four-walled handball courts, two squash courts, the athletic gear issue room is an exercise room furnished with all the equipment necessary for any physical fitness or reducing program and a sauna. The gear issue room has an extensive selection of camping equipment which may be checked out to personnel at a nominal daily fee. A complete list of available items and their cost may be obtained at the issue room between 9 a.m. and 5 p.m., Monday through Friday. Other information may be obtained by calling 646-2939 (gear issue room) or 646-3118 (gymnasium).

Golf Course

The Naval Postgraduate School Golf Course is located behind the Monterey County Fairgrounds. It is a full 18-hole course. The golf course has a clubhouse with snack bar, lounge, ladies and men's shower rooms, locker rooms and shoe storage facilities. Also located at the course is a combination pro shop and starter shack. A selection of retail merchandise is offered to meet the golfer's needs. Telephone 646-2167.

Golf Driving Range

The driving range is located across the street from the pro shop. The hours of operation are 8 a.m. to 5:30 p.m. during Daylight Savings Time and from 8 a.m. to 5 p.m. during other months of the year. Range balls are purchased at the pro shop. The sale of range balls secures at 5:30 p.m. daily. All persons eligible to use the golf course are authorized to use the driving range.

Picnic Grounds

The picnic grounds are open from 7 a.m. to 6 p.m. daily and are located inside the NPS Golf Course grounds, about 200 yards past the pro shop. Picnic grounds must be reserved in advance. Registration for the use of the picnic grounds may be made at the Recreation Office Monday through Friday, 646-2466. Rules for use of the area will be explained to the person reserving the grounds. Maximum size for groups is limited to 200 persons. Civilian parties must be sponsored by military personnel attached to the Naval Postgraduate School. A softball field is located adjacent to the picnic grounds. From May through September, it is only available on weekends because of Socko leagues. A refundable cleaning deposit is required.

Tickets

Seasonal discounts and tickets are available for such events as plays, Little Theater productions, Laguna Seca Races, the Bing Crosby Pro-Am and other local events. Current information on what is available may be obtained by calling the Recreation Office, 646-2466. □



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Swimming Pool, Sauna

The swimming pool is open from May (Memorial Day weekend) to September (Labor Day weekend), Tuesday through Sunday, from noon to 6 p.m. (11:00 to 12:00 — students, staff and faculty only). During this period a fee of 50 cents will be charged for all authorized users of the pool or sauna. Bonafide guests will pay a fee of one dollar.



March 5, 1979: U.S. Supreme Court rules 6 to 3 that state laws providing that husbands but not wives may be required to pay alimony are unconstitutional. □

March 9, 1979: The Women and Mortgage Credit Project is launched to educate women about new credit rights and to reduce continuing reluctance of banks to make loans to women. □

March 10, 1979: The Air Force has decided to assign women as pilots of C-141 cargo planes, thus making women eligible for higher command and staff positions. □

April 1, 1979: The first woman to skipper a U.S. commissioned ship, Lt. (jg) Beverly Kelley assumes command of Cape Newagen, a 95-foot cutter with a crew of 14 men. □



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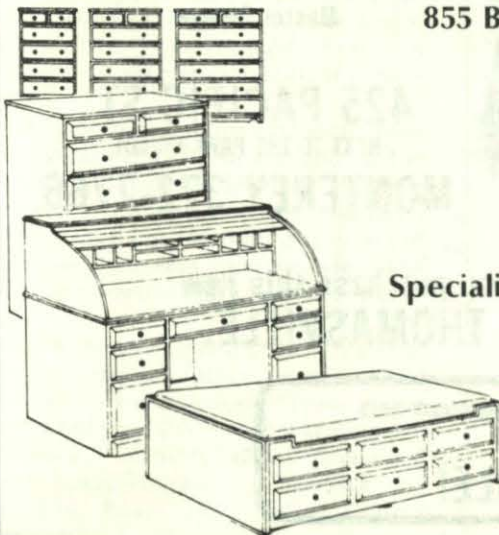
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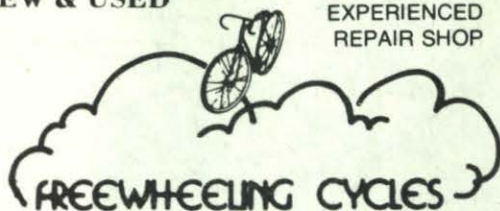
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Bowling Facility

The lanes at the NPS Bowling Alley, located across the street from the gym and nursery, charge 25 cents for shoe rental and 50 cents a lane. The six-lane alley has open bowling all day Saturday and whenever there are no leagues scheduled. Balls and bags may be ordered there and lessons are offered by the lanes manager.

Current Women's Leagues:

Monday: AM Staff Wives, 9-11:30 a.m.

Wednesday: AM Coffeetimers, 9-11:30 a.m.

Thursday: Afternoon Sleep-Ins, 12:15 -2:30 p.m.

Current Couples Leagues:

Wednesday: Bicentennials, 5:45 to 7:45 p.m.; FNWC, 8 to 11 p.m.

Thursday: NPRF, 5 to 8 p.m.; Cannon Cockers, 7 to 9:30 p.m.

Friday: Navy Ball and Chain, 5:45 to 7:45 p.m.; Book Ends, 8 to 10:30 p.m.

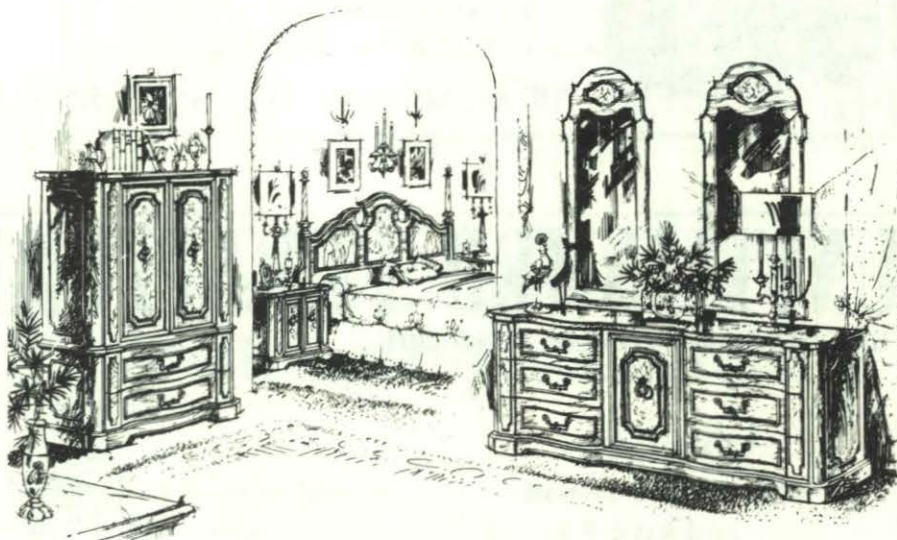
The bowling alley is open from 9 a.m. to 10 p.m. Monday through Friday and Saturday from 9 a.m. until 11 p.m. For any further information regarding bowling, call the lanes, 642-2288. □



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Sailing at NPS

NPSSA is a member of the U.S. Naval Sailing Association headquartered in Annapolis. It has its own constitution, five officers elected for one-year terms, ten advisors who are prominent in the local sailing community and a monthly newsletter, the *Spanker*. It has traditionally maintained a healthy rapport with the Monterey Peninsula Yacht Club. Quarterly meetings feature programs of interest to sailors, experienced and novice, as well as the opportunity to exchange scuttlebutt. The association is heavily involved with underway training and several regattas.

Membership is open to all military personnel (active and retired, enlisted and officer, national and international) and their dependents 16 years or older; to faculty and civilian personnel GS-11 or over and their dependents 16 years or older. Membership costs only \$2 per family per year. Membership applications, the current officers' directory and other pertinent association information are posted on the bulletin board outside the Recreation Office.

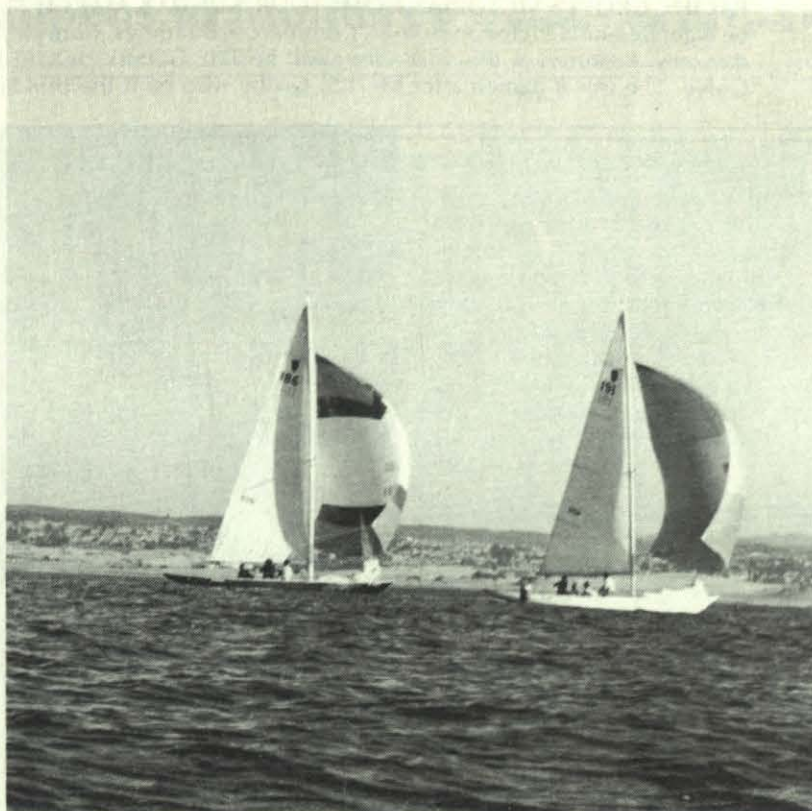
Anyone interested in the sailing program can call any of the following officers for information:

Commodore: CDR (Ret.) Doral Eardley
.....624-5853
Vice Commodore (Racing): Sydney Kalmbach
.....624-6096
Vice Commodore (Training): Col. (Ret.) Richard Meyer
.....624-9602
Rear Commodore: Lt. Kenneth Holzman
.....373-5202
Secretary Treasurer: Lt. Col. (Ret.) James Parker
.....625-1645

The Recreation Department's two Santanas and two Columbias may be checked out by one B qualified skipper and one A crew. They may carry a maximum of six persons. The three Shields may be manned by one S qualified skipper and at least one A qualified crew. A maximum of six persons aboard is permitted.

Sailing periods are three hours in duration. Voyage tickets are available at the Recreation Office for \$3 each on weekdays and \$4 on weekends and holidays. There is no charge for children under ten years of age. Parents must provide Coast Guard approved life jackets for their children.

To pursue basic qualification (A and B) the Recreation Office has several brochures. These include "How to Become a Sailor at NPS," "Local Knowledge for Sailors," "NPSINST 1710, 11D series," "Boat Specifications," "Checklist for Operating Boat" and "Sailing Course Locator Sheet." □



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It Happens in Monterey by Jennifer Taylor and Carol Pilcher



Laguna Seca



A little poetic license with the title of that famous old song is justified, since there are so many things happening all the time in and around the Monterey Peninsula. We are all especially fortunate to have been assigned to this area for duty, an area vibrant with beautiful scenery, full of cultural events and peopled with artists, writers, the famous and the near famous. All this adds up to an exciting and stimulating experience, available for us to sample as we wish during our stay in Monterey.

And what a smorgasbord of delights we have spread before us. Featuring everything from historical buildings to the most modern in hotels and restaurants; musical events ranging from resident symphony and opera companies through the Monterey Jazz Festival and touring rock shows; sporting events to satisfy every taste with the Crosby Pro Am Golf Tourney and Laguna Seca Auto Racing just two of the many important events. The scenery is just as varied, changing from ocean swept cliffs or sand dunes and beach to softly rolling green-pastured hills and flat farm-filled valleys, then up into mountains rising above the coast affording panoramic views of it all.

Monterey is a town rich in history which has had the benefit of enrichment by several cultures, beginning with the early Indian residents of this coastal area. Then in 1770, the Spanish arrived to found the first of four Spanish Presidios in California here. The original Presidio of Monterey was located near the Serra statue on the hill at the present site of the Army's Defense Language School and the present Presidio of Monterey.

A glance at the street names while driving in Monterey will confirm the extent of the Spanish influence on the original town. Monterey was the capital city of California during the rules of Spain and Mexico and remained as capital after statehood. It was not until the gold rush in 1848-49 that San Francisco came into the fore and Monterey began to decline. Nevertheless, the city has had its share of famous visitors and residents, not the least of whom was Robert Louis Stevenson, the Scottish author, whose visits are commemorated in the Stevenson House.

This house is one of twelve or more buildings which have been lovingly and painstakingly restored and preserved and furnished in the styles popular during Monterey's heyday. They comprise the Path of History in the Monterey State His-



Fisherman's Wharf



Lobster Grotto, Cannery Row

toric Park, located throughout downtown Monterey. The buildings are prime examples of California's early architecture and include several private homes, California's first theater, the Custom House (which holds an engrossing array of trade goods which used to pass through the port in huge amounts but which are rare antiques today) and several private and business buildings, all of which are open to the public during the Annual Adobe Tour, to be held in April.

Since the turn of the century, Monterey has been a thriving fishing center, attracting many families from the fishing villages of Italy to come and try the new land. The city today is fortunate to have the many descendants of these families, some of whom are still carrying on the fishing traditions of their forebears, as a walk along Fisherman's Wharf will attest. Fresh fish is available daily from one of the several fish markets on the wharf, as well as the famous "walk-a-way," a cup of fresh cold crabmeat, shrimp or squid intended for eating with the fingers while enjoying a leisurely stroll. A variety of shops, restaurants and boats exist side by side in an atmosphere that somehow retains its integrity as a working pier, not one constructed strictly for the tourist trade. The clear waters are often dotted with sea otters, charming local characters who seem to enjoy entertaining their appreciative audience. The air is pierced by the calls of gulls and by the barking of the sea lions which can be seen across the harbor at the Coast Guard Pier. The pier is only a few minutes distance from the wharf by foot or by car and is well worth the trip (especially for the children) since it provides the rare chance to observe a group of wild sea lions in a setting of their own choice.

The fishing industry peaked in the 20's and 30's when sardines by the millions were packed in the huge canneries located on Cannery Row. This area, made famous by John Steinbeck's novel of the same name, began to decline in the 50's when the sardine schools, once so plentiful, began to disappear. The canneries today have been restored and turned into sightseeing and shopping attractions.

Cannery Row has a wonderful assortment of shops, restaurants, tourist attractions and even a wax museum. It includes the figures of some Monterey notables: John Steinbeck memories, Robert Louis Stevenson, Father Junipero Serra, Count de Monterey, Bret Harte and an array of local Indians, Spanish Dons, etc., etc. In the shops you will find everything from shells and sea otter souvenirs to beautiful Christmas ornaments and decorations.



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"Sweet Thursday" gift shop

Continuing along the coast by way of Ocean Drive, the oceanfront scenery is outstanding. The city of Pacific Grove has done a marvelous job of landscaping the coast, using plants natural to the area, such as the ice plants and other succulents, which provide pleasant viewing all year round but which burst into multicolored bloom in the early spring and provide the eye-boggling experience of

seeing pink and red lawns suddenly appear where all had been a normal green.

Pacific Grove is also the winter home to millions of Monarch butterflies, which cluster on the trees and shrubs from October through mid-March, in a beautiful array of orange and black.

On the other side of the Peninsula we find the picturesque town of Carmel-by-the-Sea, with its exclusive shops, charming restaurants and fairy tale cottages. The Barnyard is another shopping area which provides a unique look at the old style barns of California in a lovely garden setting.

Above Monterey, and reached from Highway 68, is Jack's Peak State Park, which shows off (to those willing to make a short up-hill hike) a 360 degree panorama of Monterey Bay and Carmel Valley which is without challenge. This is a pleasant place for a Sunday picnic in the spring, since the wildflowers are putting on their show.

Between Pacific Grove and Carmel is the Seventeen Mile Drive, a toll road, which takes a winding path through the Del Monte Forest on the spine of the ridge between Monterey and Carmel Valley. It then leads down to the oceanfront,

and proceeds on past seal refuges, a sea bird refuge and the famous golf courses at Pebble Beach. This is a must for anyone visiting the area, and it never gets tiresome.

Farther down the coast is Point Lobos State Reserve, home of unique groves of Monterey Cypress, fields of wildflowers and miles of hiking trails. The park was named by the Spanish for the "sea wolves" (Lobos Marinos) and the barking seals and sea lions still swim the waters along the rocky shore. Families may picnic in designated spots and the Forest Rangers give guided tours to historical Whaler's Cove, Bird Island, Sea Lion Point and Cypress Grove. Tidal pool tours are usually given early in the morning in the summer.

The drive south on Highway 1 to Big Sur is one of the most famous stretches of highway in the world, having been filmed many, many times. The drive is of necessity a slow one and makes a marvelous day trip. If you start off early, you can make the trip down to William Randolph Hearst's famous and beautiful castle, San Simeon, which perches atop a mountain about 50 miles south of Carmel, on the coast.

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Laura Kirkpatrick
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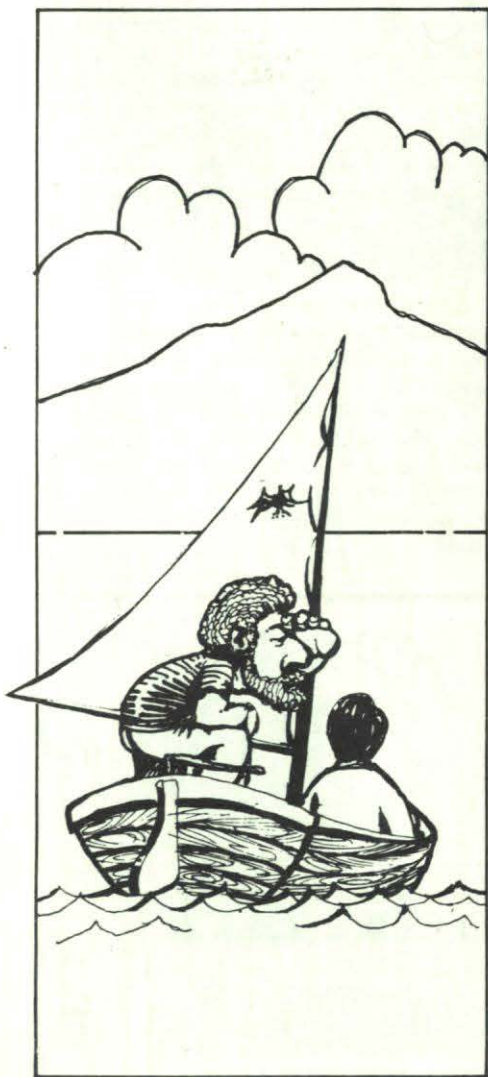
FOR MORE INFORMATION, PLEASE WRITE OR CALL COLLECT TODAY!
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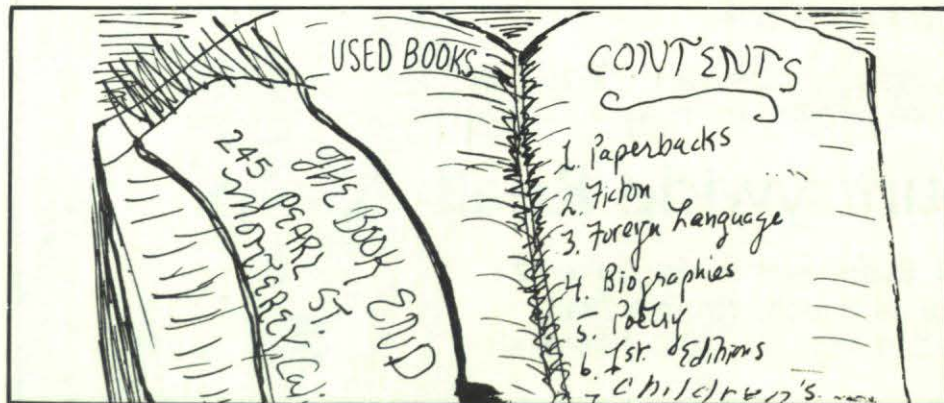
Countrywide Realty Corp.

228 N. Lynnhaven Road, Suite 122
Virginia Beach, Virginia 23452
(804) 340-4100 (804) 463-1509

All in all there is a great deal to both see and do in and around the Peninsula. If your time here is limited, you would be best advised to start sightseeing now, for the prime complaint from those who are leaving the area is that they never quite got around to seeing all the things they had planned. Happy sightseeing. □



"Blue Fish Cove", by H. Segaar Beuving



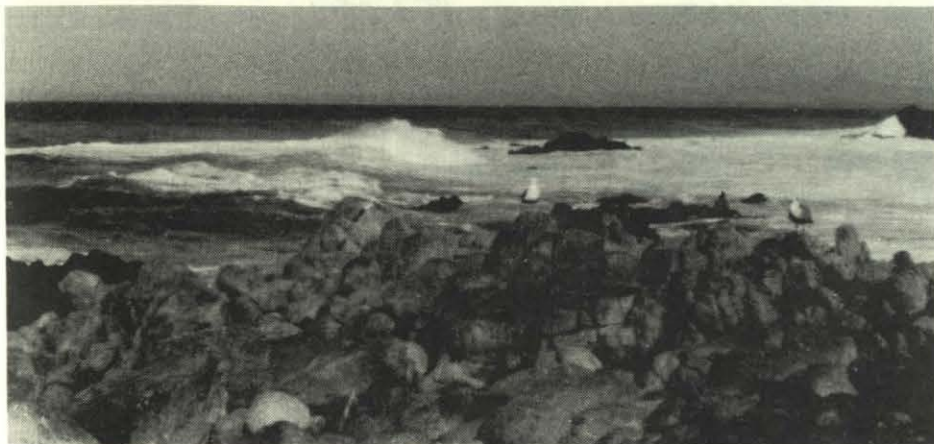
April 3, 1979: Jane Byrne is elected mayor of Chicago with 82 percent of the vote. □

April 11, 1979: Judith W. Rogers is appointed the first woman corporation counsel of D.C. □

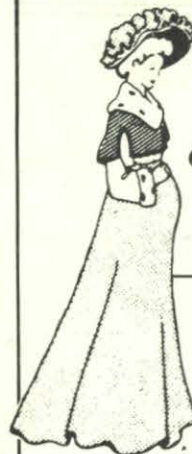
April 22, 1979: Opera star Beverly Sills receives the first annual Pearl S. Buck Woman's Award presented to a woman who has achieved success in arts, government or business while rearing a family. □



Along "17 Mile Drive", by: Joan Barns



"Pacific Grove", by: Joan Barns



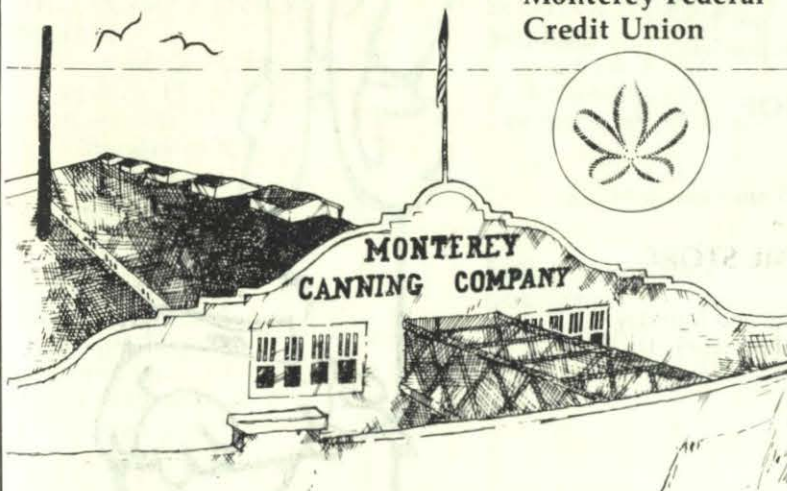
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Pacific Grove
Calif. 93950
(408) 649-0037

Cannery Row— A Reminder Of The Past Monterey Federal Credit Union— A Builder Of The Future

Monterey Federal
Credit Union



The sights, sounds and smells of Cannery Row have changed, and the faces are no longer those of Doc Ricketts and Hazel and Flora. Monterey has grown and a different kind of activity surrounds the once bustling canneries. We weren't around when the fishing fleet unloaded its cargo or when the gang good naturedly smashed up Doc Ricketts' lab, but we are here for today's Montereyans who want to build their futures with a high 7% annual dividend on savings, low interest rates on loans, and many special services to make financial matters easier. Doc, the fleet, and the canneries are all a part of our colorful past. At Monterey Federal Credit Union, we're looking forward to the future. Why not come in and join us today.

Federal regulations prohibit payment of dividends in excess of available earnings.

Ⓢ Each member account insured to \$40,000 by Administrator, National Credit Union Administration.

2600 Garden Road West (408) 646-9366
Presidio of Monterey, Bldg. 263 (408) 373-0661

550 El Estero, Suite 100 (408) 649-3600
Naval Postgraduate School (408) 373-2131

HOURS OF OPERATION

NPS HOURS

BARBER SHOPS

373-2232

Bldg. 301 Exchange
8:30 am-4:30 pm Tues.-Sat.

373-5505

Herrmann Hall
Bldg. 220-Appointment
8:30 am-4:30 pm Mon.-Fri.

BEAUTY SHOP

372-1121

Closed Sun. and Mon.
8:00 am-5:00 pm Tues.-Sat.

BOOKSTORE

373-1121

10:30 am-5:00 pm Mon.-Fri.
10:00 am-5:00 pm Sat.

CASHIER

373-7393

10:30 am-5:00 pm Tues.-Fri.
10:00-5:00 pm Sat.

CHILD CARE CENTER

646-2734

7:45 am-5:30 pm Mon.-Thurs.
7:45 am-1:30 am Fri.
5:00 pm-1:30 am Sat.

FOOD SERVICES

373-8144

Cafeteria King Hall
11:00 am-1:30 pm Mon.-Fri.

375-2907

Sandpiper Deli
10:00 am-5:00 pm Mon.
9:30 am-5:30 pm Tues.-Sat.

373-8118

Snack Bar - Golf Course
9:00 am-5:00 pm Sun.-Sat.

LA MESA VILLAGE STORE

375-0959

10:00 am-7:00 pm Mon.-Sat.
Noon-6:00 pm Sun.

LAUNDRY-DRY CLEANING

373-7660

9:00 am-5:00 pm Tues.-Sat.

OUTDOOR-GARDEN STORE

373-5666

Closed Sunday and Monday
10:30 am-5:00 pm Tues.-Fri.
10:00 am-5:00 pm Sat.

PACKAGE STORE

373-7511

Closed Monday
10:00 am-5:00 pm Tues.-Thurs.
10:00 am-6:00 pm Fri.
10:00 am-5:00 pm Sat.

PERSONALIZED SERVICES

373-5933

Closed Sunday and Monday
10:30 am-5:00 pm Tues.-Fri.
10:00 am-5:00 pm Sat.

SERVICE STATION

373-7271

Closed Sunday
8:00 am-5:00 pm Mon.-Fri.
9:00 am-4:00 pm Sat.
Closed for lunch noon-1:00 pm

GASOLINE PUMPS

Closed Sunday and Monday
7:30 am-8:30 am;
10:30 am-5:00 pm Tues.-Fri.
9:00 am-4:00 pm Sat.

SPORT AND UNIFORM SHOP

373-0828

Closed Sunday and Monday
10:30 am-5:00 pm Tues.-Fri.
10:00 am-5:00 pm Sat.

THRIFT SHOP

375-0886

Building 206
9:45 am-11:45 am Mon. & Fri. □

MAIN RETAIL STORE

373-7277

Closed Sunday and Monday
10:30 am-5:00 pm Tues.-Fri.
10:00 am-5:00 pm Sat.

PRESIDIO HOURS

PX

(372-1221)

10 AM-6 PM
10 AM-5 PM Sat.
Closed Sun.

BEAUTY SHOP

(372-2664)

8 AM-5 PM Tues.-Wed.
8 AM-7 PM Thurs.-Fri.
8 AM-3 PM Sat.
Closed Sun. & Mon.

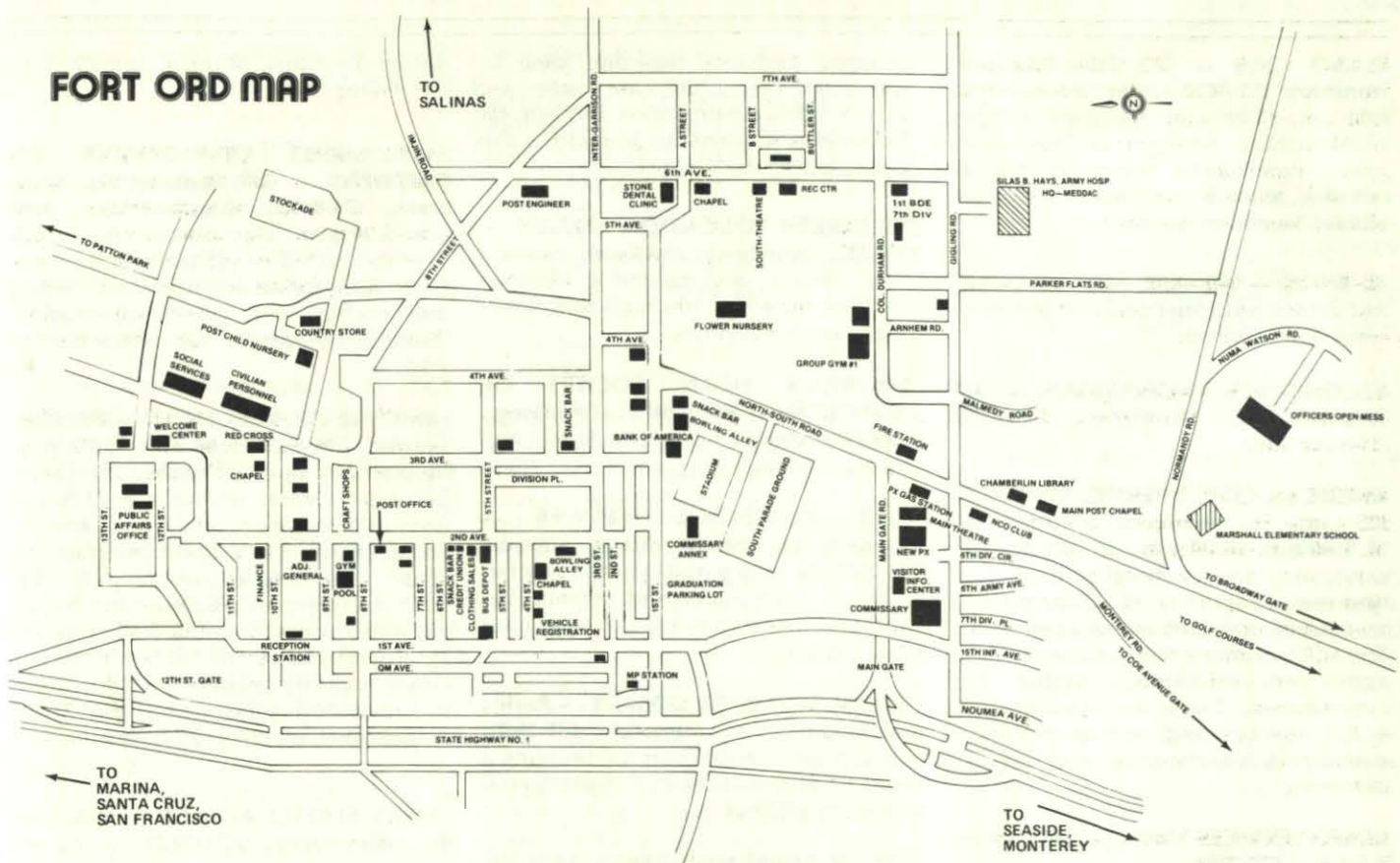
CHILD CARE CENTER

(373-2346)

6:45 AM-5:30 PM Mon.
7:30 AM-5:30 PM Tues. Thurs.
7:30 AM-1 AM Fri.
Closed Sat. and Sun.



FORT ORD MAP



FORT ORD HOURS

CHILD CARE CENTER

899-4791

6:30 am-6 pm Mon.-Thurs.

6:30 am-1 am Fri.

5 pm-1 am Sat.

Closed Sunday

COMMISSARY

242-6263

10 am-6 pm Tues.-Fri.

8 am-4 pm Sat.

9:30 am-3:30 pm Sun.

Closed Monday

FLORIST

394-6683

10 am-6 pm Mon.-Fri.

10 am-5 pm Sat.-Sun.

FLOWER NURSERY

899-0383

Closed Mon. & Tues.

8 am-5 pm Wed.-Sun.

Last day of month closed for inventory

FOUR SEASONS

899-2339

10 am-6:30 pm Mon.-Fri.

10 am-5 pm Sat.-Sun.

OFFICERS' CLUB

899-3445

Formal Dining Room

11:30 am-1:30 pm Mon.-Fri.

5:30 pm-9 pm Tues.-Sat.

10 am-1:30 pm Sunday Brunch

MAIN PX

899-2336

10 am-6:30 pm Mon.-Fri.

10 am-5 pm Sat.-Sun.

SERVICE STATIONS

394-8219

North-South & Gigling

Office 394-8219

Service Appt. 394-2443

8 am-6 pm Mon.-Fri.

Self-Service Gas

7 am-6 pm Mon.-Fri.

10 am-3 pm Sat. & Sun.

WHERE TO FIND HELP

ALANO CLUB — 575 Calle Principal, Monterey, 373-0830. Open 7 days a week, 8:00 a.m.-11:00 p.m. Associate member of Alcoholics Anonymous. Also non-profit organization. For recovering alcoholics, relatives and friends. Meals available. Members pay dues.

AL-ANON — 649-1439. Help for families and friends who must deal with the problems of alcoholism.

ALCOHOLICS ANONYMOUS — 467 Alvarado St., Monterey, 373-3713 (24-hour line).

AMERICAN CIVIL LIBERTIES UNION — 825 Lottie St., Monterey, 373-4491, ext. 16. 8:00 a.m.-10:00 p.m. (10:00 p.m.-8:00 a.m. for dire emergencies.) The Monterey Chapter of ACLU maintains a telephone complaint center, open to all. The ACLU is interested in protecting the rights of individuals under the Constitution. There is no charge for ACLU services and confidentiality is maintained. Volunteer workers are *not* attorneys.

ARMED SERVICES YMCA — 600 Camino El Estero, 372-7568.

BOY SCOUTS (Salinas) — 1-422-5338.

BETTER BUSINESS BUREAU — 649-3303. Information and complaints on area businesses.

CHAMBER OF COMMERCE

Carmel	624-2522
Carmel Valley	659-4000
Monterey	649-3200
Pacific Grove	373-3304
Seaside	394-6501

CHILD ABUSE PREVENTION COUNCIL — 500 Hilby Ave., Seaside, 394-2100. 9:00 a.m. to 5:00 p.m. The Council offers information and referral on child abuse and neglect, consulting services to professional and lay members of the community, a Multidisciplinary Committee composed of volunteer professionals which offers recommendations in difficult child abuse and neglect cases, and library services. Council programs include: a Speakers Bureau that makes presentations to organizations, school classes, and civic groups; a Parent-Aide Program that provides abusive/neglectful and high-risk parents with a supportive, one-to-one relationship with a trained volunteer; a Peer Education Program for and by junior high school students to help them deal effectively with family stress situations now and in the future, and to make

informed decisions regarding their future family life; Child care center and nursery school information and referral. The Parents Anonymous program is also supported by the Council.

CHILDBIRTH EDUCATION LEAGUE — 375-5737. Prepared childbirth classes, breast feeding and parenting information, film showings, Mother's Milk Bank, library and newsletters.

CHILDREN'S HOME SOCIETY OF CALIFORNIA — 444 Pearl St., Monterey, 373-4126. Adoption services, family and child counseling.

CHILD PROTECTIVE SERVICES — Broadway and Noche Buena, Seaside, 899-2571. 8 a.m.-5 p.m. This is the number to report child abuse and neglect. For reports and emergency foster care, after hours, call 911.

CITY OF MONTEREY LIBRARY — Pacific and Madison Sts., Monterey, 646-3930. You can get a library card by bringing a piece of mail addressed to you at your Monterey address.

CITY OF MONTEREY PARKS AND RECREATION DEPARTMENT — 646-3866. Variety of classes and facilities.

COMMUNITY COUNSELORS

Seaside High School call Seaside Community Counseling Center, 899-4131.

Pacific Grove High School, 373-4951, ext. 13, Doug Brown.

Monterey High School, 649-7381, Cliff Davis.

Carmel School District, 624-1546, Dr. Richard Hawkins.

Your community counselors help you deal with problems relating to drugs, including alcohol and tobacco, school-related problems. All counseling is free and confidential. They also work with families (counseling) for children who are having problems.

COUNTY PROBATION DEPARTMENT — 1200 Aquajito Rd., Monterey, 373-4371. Monday-Friday, 8:00 a.m.-5:00 p.m. The County Probation Department provides informal probation guidance and counseling. The court probation jurisdiction covers delinquency (violation of any law).

CYPRESS INSTITUTE — 183 Sargent Court, Monterey, 372-6242. 24 hours, 7 days. Offers highly focused, brief family therapy and counseling. Counseling based on problem solving, with focus on presenting a complaint. You will be seen

within one week of initial contact. Fees are sliding scale and low.

EMPLOYMENT DEVELOPMENT DEPARTMENT — 480 Webster St., Monterey, 373-0143. Monday-Friday, 8:00 a.m.-5:00 p.m. Take applications for full-time and part-time job placement; referral to appropriate agencies; counseling and testing; and career information. There is no specific age range and no cost.

FAMILY RESOURCE CENTER — 500 Hilby, Seaside, 394-4622. 9:00 a.m. -5:00 p.m. Respite care open 24 hours. The Family Resource Center provides a 24 hours drop-in crisis care for children of any parent in stress. The support programs include: parenting classes ranging from child development and nutrition to parent effectiveness training, and class and agency referral service for parenting and family support resources. Child care is provided during class time and Parent Anonymous meetings. All services are free.

FAMILY SERVICE AGENCY — 1030 Cass St., Monterey, 373-4421. Licensed professional counseling and psychotherapy regarding family relationships and facing everyday life. Alcoholism counseling. Sliding scale of fees. County sponsored.

FAMILY STRESS LINE — 373-4773 / 4775. Operated by the Monterey Community Counseling Center; 24 hour service; staffed by professionals; line offers a non-judgemental listener available to talk with adults and children with problems.

FORT ORD ARMY COMMUNITY SERVICE — Building 1030, 3rd Ave., Ft. Ord, 242-6687/3903/5696/5713/2809. Lt. Brinkley, 242-6618/4179. Monday-Friday, 7:30 a.m.-4:30 p.m. All active duty, retired and military dependants can receive help. You can get help for the following: social problems, parent/child relations, financial problems and personal problems. The following services are provided: information and referral, counseling and guidance, financial assistance, budget management loan closet, food locker.

GENESIS HOUSE, residence — 1152 Sonoma, Seaside, 899-2436 / 2439. Monday-Friday 8:30 a.m.-5:00 p.m. for information and appointments, residence open 24 hours. After interview with counselor you see a staff physician. Detox lasts 14-21 days, then you go into a one year program where you receive intensive, individual and group

counseling. You also see a vocational counselor and an educational counselor to get you into a program. After the year is up you go into a RE-ENTRY program that lasts 3 months. Fees are based on ability to pay.

GIRL SCOUTS — 372-8048.

GOODWILL STORE — 729 Broadway Ave., Seaside, 394-1212.

HIGH SCHOOL HEALTH SERVICES —

Seaside High School, 649-7344, Ms. Sanford, nurse.

Monterey High School, 649-7244, Jean Curtis, nurse.

Pacific Grove High School, 373-4951, Mrs. Hall, nurse, ext. 54; Psychologist Douglas Brown or Gary Kjrassa, ext. 49.

Carmel High School, 624-1821, Doris Weakland, nurse; Marsha Green, counselor.

Your high school health services office provides help with problem pregnancies, depression, anxiety, personality conflicts, overweight, emotional, and sexual problems. Confidential services for all high school students. Check with your school nurse to find out more.

HIGH SCHOOL WORK EXPERIENCE PROGRAM —

Seaside High School, 649-7157, Jim Rucker.

Monterey High School, 649-7381, Mr. Langdon or Ms. Taylor.

Pacific Grove High School, 373-4951, Chris Uchibori.

Carmel High School, 624-3544, Chuck Phillips.

The Work Experience Programs provide high school students with pre-employment skills, job exploratory opportunities, and employment while in school. Students earn elective credits which may be used toward graduation. This may be over and above the normal credits earned in school.

LAWYERS REFERRAL SERVICE — 375-9889.

LEGAL AID SOCIETY OF MONTEREY COUNTY — 1011 Cass St., Monterey, 373-3651.

MENTAL HEALTH CRISIS TEAM, COMMUNITY HOSPITAL — 624-5311, ext. 1623. 24 hours.

MONTEREY BAY DENTAL SOCIETY (referrals) — 680 E. Romie Lane, Salinas, 1-758-8406.

MONTEREY COUNTY CONSUMER AFFAIRS DEPARTMENT — E. Laurel Dr. and Natividad Rd., Salinas, 1-758-3859.

MONTEREY COUNTY MEDICAL SOCIETY (referrals) — 19040 Portola Dr., Salinas, 1-455-1833.

MONTEREY COUNTY SPCA — 373-2631. Spay-neuter clinic, receiving and adoption, cruelty investigation and 24-hour emergency rescue service.

MONTEREY COUNTY HEALTH DEPARTMENT — 1200 Aguajito Rd., Monterey, 373-0111. Sexuality counseling for males, females and couples. VD clinic, pamphlets on dental care and nutrition.

MONTEREY PENINSULA AIRPORT —

Served by:

Air California 373-6161

United Airlines 373-4481

Paging 373-3733

MONTEREY PENINSULA YOUTH PROJECT DRUG ABUSE DETOXIFICATION AND OUTPATIENT CLINIC — 101 Elm, Seaside, 899-4131

SANBORN CLINIC — (outpatient) 303 North Sanborn, 646-4579. Monday.

Friday, 8:30 a.m.-5:30 p.m. Heroin detoxification, outpatient. Outpatient counseling. Family services for patients similar to those of the Community Counseling Center. Detoxification on sliding fee scale, Medi-Cal accepted. Counseling is free.

MONTEREY COMMUNITY COUNSELING CENTER — 425 Jackson St., Monterey, 373-4774 (24 hours). Monday-Friday, 8:30 a.m.-5:00 p.m. The Monterey Community Counseling Center offers community-based counseling for young people and their families. It deals with family problems, school conflicts, personal growth, emotional, sexual, pregnancy and drug problems. A women's group meets once a week. Two counseling groups for children and adolescent groups in some schools. Services are free and confidential.

NEIGHBORHOOD YOUTH CORPS — 1074 Columbus St., Seaside, 394-8528. Monday-Friday, 8:00 a.m.-5:00 p.m. Helps the young person who is from a lower economic opportunity family by placing her or him in a job-training program matching his or her interests and career goals. They also counsel young people about possible careers and how to prepare for them. The services are available to young people who are still in school or who have left school before graduating.

PARENTS ANONYMOUS — 500 Hilby Ave., Seaside, 394-2100 or 394-4622. Free child care is provided. Sponsored by the Child Abuse Prevention Council. PA is a self-help group for parents who have been abusive. No fees or dues are charged, and the group meetings are non-judgemental and are confidential. Referrals should be made to Susann Cate-Lynn. PA is currently meeting every Wednesday from 7 to 9 p.m.

PLANNED PARENTHOOD OF MONTEREY COUNTY — 229 17th St., Pacific Grove, 373-1691. Pregnancy testing, pregnancy counselling and referral, gynecological services and information on birth control and pregnancy. Referrals on infertility and genetic counseling.

POLICE JUVENILE OFFICERS —

Seaside Police Department, 440 Harcourt St., Seaside, 394-8531, Officer Ira Lively. Tuesday-Saturday, 8:00 a.m.-4:00 p.m. Available anytime for emergencies.

Pacific Grove Police Department, 580 Pine, Pacific Grove, 373-3143, Officer Michael Henderson.

Monterey Police Department, 351 Madison, Monterey, 372-8121, Officer William Brownley.

Carmel Police Department, Junipero Ave. and 4th, Carmel, Officer Don Fuselier.

POST OFFICE — Herrmann Hall, NPS.

SEASIDE COMMUNITY COUNSELING CENTER — 1001 Elm St., Seaside, 899-4131. Monday-Friday, 8:30 a.m.-5:00 p.m. Services parallel those of the Community Counseling Center in Monterey, with the exception of the women's and child's groups. In addition to the counseling services Seaside Center has a drug abuse service parallel to that of the Sanborn Clinic.

STATE PARK AND RECREATION — 649-2836.

SUICIDE PREVENTION — 649-8008.

TELEPHONE SERVICE — Business office 787 Munras Ave., Monterey, 649-2055.

TICKETRON — Roos Atkins, Del Monte Center, Monterey. Computerized ticket service for many events and places of interest.

UNITED PARCEL SERVICE — 1139 Madison Lane, Salinas, 1-758-2777. \$2 fee for picking up packages. Must know weight, value and complete address when arranging for pick-up.

VOLUNTEERS IN ACTION — THE VOLUNTARY ACTION CENTER — 444 Pearl St., Monterey, 373-6177/6178/6664.

WOMEN AGAINST DOMESTIC VIOLENCE — 372-6300, 24 hours. Confidential information regarding what to do in a domestic crisis. Temporary shelter for women and children.

YMCA (Armed Forces) — 600 Camino El Estero, 372-7568.

YOUTH CENTER — 646-3873.

YWCA — 276 El Dorado, Monday-Friday, 8:00 a.m.-5:00 p.m., 649-0834.

ZIP CODE INFORMATION — 372-5804.



TELEPHONE GUIDE

Emergency Numbers

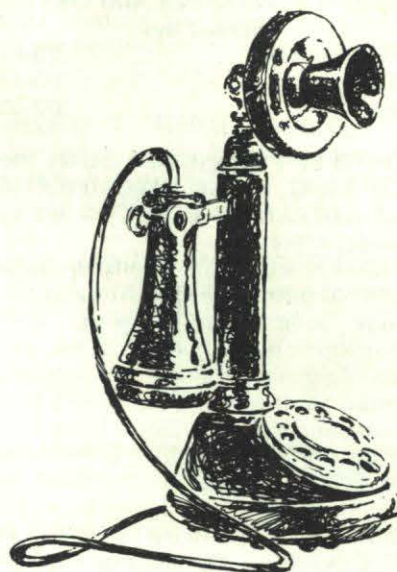
Police	911
Fire	911
Ambulance	911
NPS Security	646-2555
if busy	646-2556
Fort Ord Emergency Room	242-7631
if busy	242-7632
.....	242-6551
.....	242-7633
Poison Control	242-7631
Suicide Prevention	649-8008
Family Stress Line	373-4773-4-5-6
Rape Crisis Center of the Monterey Peninsula	375-4357
.....	(375-HELP)
Women Against Domestic Violence	372-6300
Monterey County Department of Social Services 8 am - 5 pm Mon.-Fri.	899-2571
afternoons	373-8411

FORT ORD

Information	242-2211
Barber Shop	899-0822
Beauty Shop (new)	899-3198
Bowling Lanes	899-1545
Ceramic Shop	242-3983
Child Care Center	899-4791
Commissary (hours)	242-3663
Commissary (information)	242-4242
or	242-6263
Craft Shop Director	242-3707
Flower Nursery	899-0383
Four Seasons	899-2339
Golf Course	899-0636
Tee Time	242-3268
Main PX	899-2336
Movie Information	242-5566
Officers' Club	899-3445
Optical Shop	899-1700
Passport Sec.	242-6301
Pet Shop	899-0777
Rent-All Center	899-0808
Thrift Shop	899-4975
Vet Clinic	242-4994

MEDICAL APPOINTMENTS (FORT ORD)

Centrex	899-4455
Appointments made for all clinics, including OB/GYN (Referral Unnecessary)	
Pediatric Clinic	242-7645
Optometry, Bldg. 4380	242-5976
or	242-4007



PRESIDIO

Beauty Shop	372-2664
Craft Shop	242-8326
Child Care center	373-2346
Health Clinic	
Officer in charge	242-8333
Appointments	373-2924,
	373-2925 or 373-8670
Head Nurse	242-8234 or 242-8662
Information	(main no.) 242-8606
Navy Records	242-8663
Immunization	242-8609
Laboratory	242-8672
Medical Records	242-8606
	242-8663 or 242-8607
Naval Medical Admin. Unit	242-8614
NCOIC	242-8674
Pharmacy	242-8332
Physical Exam. Appts.	242-8609
Screening Clinic	242-8662
Sick Call	242-8234
X-ray	242-8673
Movie Information	242-5566
Officers' Club	649-6677
Operator	242-2211
PX	372.1221
Rent-All Center	372-3500

NPS NUMBERS

Chaplain Offices	
Catholic	646-2242
Protestant	646-2241
Child Care Center	646-2734
Information Operator	646-2411
(working hours)	
Legal Office	646-2506
Navy Relief	373-7665
Officers' Club	372-1339
Package Store	373-7511
Quarterdeck	
(after hours information)	646-2441
Thrift Shop	
(Bldg. 206-NPS)	375-0886

NAVAL ANNEX

Nursery School	375-7562
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EXCHANGE NUMBERS

Barber Shop	373-2232
Barber Shop, He 281	373-5505
Bookstore	373-1121
Cafeteria, King Hall	373-8144
Cashier	373-7393
Laundry, Drycleaning,	
Cobbler & Tailor Shop	373-7660
Main Exchange	373-7277
Navy Exchange Officer	646-2576
Optical Shop	373-2724
Outdoor Shop	373-5666
Personalized Services	373-5933
Repair Appt. Desk (auto)	373-6264
Service Station	373-7271
Sport and Uniform Shop	373-0828
General Information	
Customer Service	373-7277
Sport and Uniform Shop	373-0828

RECREATION NUMBERS

Bowling Lanes	646-2288
Gear Issue Room	646-2939
Golf Course	
Pro Shop	646-2167
Snack Bar	373-8118
Gym	646-2497
from on base	3118
Recreation Office	646-2466
Sports Director	646-2497
Tennis Professional	
Frank Johnson	899-4996
Swimming Pool	646-2275

LA MESA

Beauty Shop	372-1121
Elementary School	649-7474
Housing Office	646-2321
Village Store	375-0959
Community Center	649-9896

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MY FAMILY CONSISTS OF SPOUSE ☐ AND _____ CHILDREN

I PREFER TO LOCATE IN VIRGINIA BEACH ☐ NORFOLK ☐

PRICE RANGE _____

NAME _____ RANK _____

ADDRESS _____ CITY _____

STATE _____ ZIP _____ PHONE _____